

# Harmonic quasi-isometric maps II: negatively curved manifolds 

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#### Abstract

We prove that a quasi-isometric map, and more generally a coarse embedding, between pinched Hadamard manifolds is within bounded distance of a unique harmonic map.


Keywords. Harmonic map, harmonic measure, quasi-isometric map, coarse embedding, boundary map, Hadamard manifold, negative curvature

## 1. Introduction

The aim of this article, which is a sequel to [3], is to prove the following theorem.
Theorem 1.1. Let $f: X \rightarrow Y$ be a quasi-isometric map between two pinched Hadamard manifolds. Then there exists a unique harmonic map $h: X \rightarrow Y$ which stays within bounded distance of $f$, i.e.

$$
\sup _{x \in X} d(h(x), f(x))<\infty .
$$

We first recall a few definitions. A pinched Hadamard manifold $X$ is a complete simply connected Riemannian manifold of dimension at least 2 whose sectional curvature is pinched between two negative constants: $-b^{2} \leq K_{X} \leq-a^{2}<0$. A map $f: X \rightarrow Y$ between two metric spaces $X$ and $Y$ is said to be quasi-isometric if there exist constants $c \geq 1$ and $C \geq 0$ such that $f$ is ( $c, C$ )-quasi-isometric, which means that

$$
\begin{equation*}
c^{-1} d\left(x, x^{\prime}\right)-C \leq d\left(f(x), f\left(x^{\prime}\right)\right) \leq c d\left(x, x^{\prime}\right)+C \tag{1.1}
\end{equation*}
$$

for all $x, x^{\prime}$ in $X$. A $\mathcal{C}^{2}$ map $h: X \rightarrow Y$ between Riemannian manifolds $X$ and $Y$ is said to be harmonic if it satisfies the elliptic nonlinear partial differential equation $\operatorname{tr}\left(D^{2} h\right)=0$ where $D^{2} h$ is the second covariant derivative of $h$.

Partial results towards the existence statement were obtained in [31], [41], [17], [27], [5]. A major breakthrough was achieved by Markovic who solved the Schoen conjecture, i.e. the case where $X=Y$ is the hyperbolic plane $\mathbb{H}_{\mathbb{R}}^{2}$, and by Lemm-Markovic who proved the existence for $X=Y=\mathbb{H}_{\mathbb{R}}^{k}$ in [28], [29] and [23]. The existence when

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both $X$ and $Y$ are rank one symmetric spaces, which was conjectured by Li and Wang [25, Introduction], was proved in our paper [3]. We refer to [3, Section 1.2] for more motivations and a precise historical perspective on this result.

As explained in [11], the harmonic map $h$ is not always a diffeomorphism even when $f$ is a diffeomorphism.

Partial results towards the uniqueness statement were obtained by Li and Tam [24], and by Li and Wang [25]. All these papers were dealing with rank one symmetric spaces.

Note that Theorem 1.1 was conjectured by Markovic during a 2016 Summer School in Grenoble. According to our knowledge, Theorem 1.1 is new even in the case where both $X$ and $Y$ are assumed to be surfaces.

The strategy of the proof of the existence follows the lines of the proof in [3]. As in [3], we replace the quasi-isometric map $f$ by a $\mathcal{C}^{\infty}$ map whose first two covariant derivatives are bounded. But we need to modify the barycenter argument we used in [3] for this smoothing step. See Subsection 2.2.1 for more details on this step. As in [3], we then introduce the harmonic maps $h_{R}$ that coincide with $f$ on a sphere of $X$ with large radius $R$ and we need a uniform bound for the distances between the maps $h_{R}$ and $f$. The heart of our argument is in Section 3 which contains the boundary estimates, and in Section 4 which contains the interior estimates, for $d\left(h_{R}, f\right)$. The proof of the interior estimates is based on a new simplification of an idea by Markovic [29]. Indeed we will introduce a point $x$ where $d\left(h_{R}(x), f(x)\right)$ is maximal and focus on a subset $U_{\ell_{0}}$ of a sphere $S\left(x, \ell_{0}\right)$ whose definition (4.10) is much simpler than in [29] or [3]. This simplification is the key point which allows us to extend the arguments of [3] to pinched Hadamard manifolds. In this proof we use uniform control on the harmonic measures on all the spheres of $X$, which is given in Proposition 4.9. We refer to Section 4.1 for more details on our strategy of the proof of existence.

In order to prove uniqueness, we need to introduce Gromov-Hausdorff limits of the pointed metric spaces $X$ and $Y$ with respect to base points going to infinity and therefore to deal with $\mathcal{C}^{2}$ Riemannian manifolds with $\mathcal{C}^{1}$ metrics. This will be done in Section 5. We refer to Subsection 5.1 for more details on our strategy of the proof of uniqueness.

In Section 7, we extend Theorem 1.1 to coarse embeddings (see Definition 6.2 and Theorem 7.1). The proof is similar but relies on the existence of a boundary map for coarse embeddings. We also show that Theorem 1.1 cannot be extended to Lipschitz maps (Example 7.3).

Section 6 is dedicated to the existence of this boundary map which, for a coarse embedding, is well-defined outside a set of zero Hausdorff dimension (Theorem 6.5). The existence of such a boundary map seems to be new.

## 2. Smoothing

In this section, we recall a few basic facts on Hadamard manifolds, and we explain how to replace our quasi-isometric map $f$ by a $\mathcal{C}^{\infty}$ map whose first two covariant derivatives are bounded.

### 2.1. The geometry of Hadamard manifolds

We first recall basic estimates on Hadamard manifolds for triangles, for images of triangles under quasi-isometric maps, and for the Hessian of the distance function.

All the Riemannian manifolds will be assumed to be connected. We will denote by $d$ their distance function.

A Hadamard manifold is a complete simply connected Riemannian manifold $X$ of dimension $k \geq 2$ whose curvature is non-positive, $K_{X} \leq 0$. For instance, the Euclidean space $\mathbb{R}^{k}$ is a Hadamard manifold with zero curvature 0 , and the real hyperbolic space $\mathbb{H}_{\mathbb{R}}^{k}$ is a Hadamard manifold with constant curvature -1 . We will say that $X$ is pinched if there exist constants $a, b>0$ such that

$$
-b^{2} \leq K_{X} \leq-a^{2}<0
$$

For instance, non-compact rank one symmetric spaces are pinched Hadamard manifolds.
Let $x_{0}, x_{1}, x_{2}$ be three points on a Hadamard manifold $X$. The Gromov product of the points $x_{1}$ and $x_{2}$ seen from $x_{0}$ is defined as

$$
\begin{equation*}
\left(x_{1} \mid x_{2}\right)_{x_{0}}:=\left(d\left(x_{0}, x_{1}\right)+d\left(x_{0}, x_{2}\right)-d\left(x_{1}, x_{2}\right)\right) / 2 \tag{2.1}
\end{equation*}
$$

We recall the basic comparison lemma which is one of the motivations for introducing the Gromov product.

Lemma 2.1. Let $X$ be a Hadamard manifold with $-b^{2} \leq K_{X} \leq-a^{2}<0$. Let $T$ be $a$ geodesic triangle in $X$ with vertices $x_{0}, x_{1}, x_{2}$, and let $\theta_{0}$ be the angle of $T$ at $x_{0}$. Then:
(a) $\left(x_{0} \mid x_{2}\right)_{x_{1}} \geq d\left(x_{0}, x_{1}\right) \sin ^{2}\left(\theta_{0} / 2\right)$.
(b) $\theta_{0} \leq 4 e^{-a\left(x_{1} \mid x_{2}\right)_{x_{0}}}$.
(c) If $\overline{\min }\left(\left(x_{0} \mid x_{1}\right)_{x_{2}},\left(x_{0} \mid x_{2}\right)_{x_{1}}\right) \geq b^{-1}$, one has $\theta_{0} \geq e^{-b\left(x_{1} \mid x_{2}\right)_{x_{0}}}$.

Proof. This is classical. See for instance [3, Lemma 2.1].
We now recall the effect of a quasi-isometric map on the Gromov product.
Lemma 2.2. Let $X$, $Y$ be Hadamard manifolds with $-b^{2} \leq K_{X}, K_{Y} \leq-a^{2}<0$, and let $f: X \rightarrow Y$ be a $(c, C)$-quasi-isometric map. There exists $A=A(a, b, c, C)>0$ such that, for all $x_{0}, x_{1}, x_{2}$ in $X$,

$$
\begin{equation*}
c^{-1}\left(x_{1} \mid x_{2}\right)_{x_{0}}-A \leq\left(f\left(x_{1}\right) \mid f\left(x_{2}\right)\right)_{f\left(x_{0}\right)} \leq c\left(x_{1} \mid x_{2}\right)_{x_{0}}+A \tag{2.2}
\end{equation*}
$$

Proof. This is a general property of quasi-isometric maps between Gromov $\delta$-hyperbolic spaces which is due to M. Burger. See [13, Prop. 5.15].

When $x_{0}$ is a point in a Riemannian manifold $X$, we denote by $d_{x_{0}}$ the distance function defined by $d_{x_{0}}(x)=d\left(x_{0}, x\right)$ for $x$ in $X$. We denote by $d_{x_{0}}^{2}$ the square of this function. When $F: X \rightarrow \mathbb{R}$ is a $\mathcal{C}^{2}$ function, we denote by $D F$ its differential and by $D^{2} F$ its second covariant derivative.

Lemma 2.3. Let $X$ be a Hadamard manifold and $x_{0} \in X$. Assume that $-b^{2} \leq K_{X} \leq$ $-a^{2} \leq 0$. The Hessian of the distance function $d_{x_{0}}$ satisfies

$$
\begin{equation*}
a \operatorname{coth}\left(a d_{x_{0}}\right) g_{0} \leq D^{2} d_{x_{0}} \leq b \operatorname{coth}\left(b d_{x_{0}}\right) g_{0} \tag{2.3}
\end{equation*}
$$

on $X \backslash\left\{x_{0}\right\}$, where $g_{0}:=g_{X}-D d_{x_{0}} \otimes D d_{x_{0}}$ and $g_{X}$ is the Riemannian metric on $X$.
When $a=0$ the left-hand side of (2.3) must be interpreted as $d_{x_{0}}^{-1} g_{0}$.
Proof. This is classical. See for instance [3, Lemma 2.3].

### 2.2. Smoothing rough Lipschitz maps

The following proposition will allow us to assume in Theorem 1.1 that the quasi-isometric map $f$ we start with is $\mathcal{C}^{\infty}$ with bounded derivative and bounded second covariant derivative.
2.2.1. Rough Lipschitz maps. A map $f: X \rightarrow Y$ between metric spaces $X$ and $Y$ is said to be rough Lipschitz if there exist constants $c \geq 1$ and $C \geq 0$ such that, for all $x, x^{\prime}$ in $X$,

$$
\begin{equation*}
d\left(f(x), f\left(x^{\prime}\right)\right) \leq c d\left(x, x^{\prime}\right)+C \tag{2.4}
\end{equation*}
$$

Proposition 2.4. Let $X, Y$ be Hadamard manifolds with bounded curvatures, $-b^{2} \leq$ ${\underset{\sim}{X}}_{X}, K_{Y} \leq 0$. Let $f: X \rightarrow Y$ be a rough Lipschitz map. Then there exists a $\mathcal{C}^{\infty}$ map $\tilde{f}: X \rightarrow Y$ within bounded distance of $f$ and whose first two covariant derivatives $D \tilde{f}$ and $D^{2} \widetilde{f}$ are bounded on $X$.

We denote $k=\operatorname{dim} X$ and $k^{\prime}=\operatorname{dim} Y$. We will first construct in 2.2.2 a regularized map $\widetilde{f}: X \rightarrow Y$ which is Lipschitz continuous. This construction is the same as for rank one symmetric spaces in [3, Proposition 2.4]. The construction will not allow us to control the second covariant derivative, hence we will have to combine this first construction with an iterative smoothing process in local charts that we will explain in 2.2.3.
2.2.2. Lipschitz continuity. The first part of the proof of Proposition 2.4 relies on the following classical lemma (see [20, Section 2]).

Lemma 2.5. Let $Y$ be a Hadamard manifold.
(a) Let $\mu$ be a positive finite Borel measure on $Y$ supported by a closed ball $B\left(y_{0}, R\right)$. The function $Q_{\mu}$ on $Y$ defined by

$$
Q_{\mu}(y)=\int_{Y} d(y, w)^{2} \mathrm{~d} \mu(w)
$$

has a unique minimum point $y_{\mu}$ in $Y$, called the center of mass of $\mu$; it belongs to $B\left(y_{0}, R\right)$.
(b) Let $\mu_{1}, \mu_{2}$ be positive finite Borel measures on $Y$. Assume that
(i) $\mu_{1}(Y) \geq m$ and $\mu_{2}(Y) \geq m$ for some $m>0$,
(ii) both $\mu_{1}$ and $\mu_{2}$ are supported on $B\left(y_{0}, R\right)$,
(iii) $\left\|\mu_{1}-\mu_{2}\right\| \leq \varepsilon$.

Then

$$
\begin{equation*}
d\left(y_{\mu_{1}}, y_{\mu_{2}}\right) \leq 4 \varepsilon R / m \tag{2.5}
\end{equation*}
$$

Proof. (a) Since $Y$ is a proper space, i.e. its balls are compact, the function $Q_{\mu}$ is proper and admits a minimum, say at $y_{\mu}$. Since $Y$ has non-positive curvature, the median inequality holds: for all $y, y_{1}, y_{2}, y_{3}$ in $Y$ where $y_{3}$ is the midpoint of $y_{1}$ and $y_{2}$,

$$
\begin{equation*}
\frac{1}{2} d\left(y_{1}, y_{2}\right)^{2} \leq d\left(y, y_{1}\right)^{2}+d\left(y, y_{2}\right)^{2}-2 d\left(y, y_{3}\right)^{2} \tag{2.6}
\end{equation*}
$$

Integrating (2.6) with respect to $\mu$, one checks that $Q_{\mu}$ has the following uniform convexity property: if $y_{3}$ is the midpoint of $y_{1}$ and $y_{2}$ then

$$
\frac{m}{2} d\left(y_{1}, y_{2}\right)^{2} \leq Q_{\mu}\left(y_{1}\right)+Q_{\mu}\left(y_{2}\right)-2 Q_{\mu}\left(y_{3}\right)
$$

Applying this inequality with $y_{1}=y_{\mu}$ and $y_{2}=y$ one gets, for each $y$ in $Y$,

$$
\begin{equation*}
\frac{m}{2} d\left(y_{\mu}, y\right)^{2} \leq Q_{\mu}(y)-Q_{\mu}\left(y_{\mu}\right) \tag{2.7}
\end{equation*}
$$

so that $y_{\mu}$ is the unique minimum point of $Q_{\mu}$.
We now check that $y_{\mu} \in B\left(y_{0}, R\right)$. By the median inequality (2.6), the ball $B\left(y_{0}, R\right)$ is convex, every point $y$ in $Y$ admits a unique nearest point $y^{\prime}$ in $B\left(y_{0}, R\right)$, and this point $y^{\prime}$ also satisfies the inequality

$$
d\left(y^{\prime}, w\right) \leq d(y, w) \quad \text { for all } w \text { in } B\left(y_{0}, R\right)
$$

Therefore, $Q_{\mu}\left(y^{\prime}\right) \leq Q_{\mu}(y)$. This proves that the center of mass $y_{\mu}$ belongs to $B\left(y_{0}, R\right)$.
(b) Applying (2.7) twice, one gets

$$
\begin{aligned}
& \frac{m}{2} d\left(y_{\mu_{1}}, y_{\mu_{2}}\right)^{2} \leq Q_{\mu_{1}}\left(y_{\mu_{2}}\right)-Q_{\mu_{1}}\left(y_{\mu_{1}}\right) \\
& \frac{m}{2} d\left(y_{\mu_{1}}, y_{\mu_{2}}\right)^{2} \leq Q_{\mu_{2}}\left(y_{\mu_{1}}\right)-Q_{\mu_{2}}\left(y_{\mu_{2}}\right)
\end{aligned}
$$

Summing these inequalities yields

$$
\begin{aligned}
m d\left(y_{\mu_{1}}, y_{\mu_{2}}\right)^{2} & \leq\left(Q_{\mu_{1}}-Q_{\mu_{2}}\right)\left(y_{\mu_{2}}\right)-\left(Q_{\mu_{1}}-Q_{\mu_{2}}\right)\left(y_{\mu_{1}}\right) \\
& \leq \varepsilon \sup _{w \in B\left(y_{0}, R\right)}\left|d\left(y_{\mu_{1}}, w\right)^{2}-d\left(y_{\mu_{2}}, w\right)^{2}\right| \leq 4 \varepsilon R d\left(y_{\mu_{1}}, y_{\mu_{2}}\right)
\end{aligned}
$$

which proves (2.5).
We now choose a non-negative $\mathcal{C}^{\infty}$ function $\chi: \mathbb{R} \rightarrow \mathbb{R}$ with support in $]-1,1[$, which is equal to 1 on a neighborhood of $[-1 / 2,1 / 2]$ and satisfies $\left|\chi^{\prime}\right| \leq 4$.

Proof of Proposition 2.4. First step: Lipschitz continuity. We now explain this first construction. We can assume $b=1$. Since a rough Lipschitz map $f: X \rightarrow Y$ is always
within bounded distance of a Borel measurable map, we can assume that $f$ itself is Borel measurable. For $x$ in $X$, we introduce the positive finite measure $\mu_{x}$ on $Y$ such that

$$
\mu_{x}(\varphi)=\int_{X} \varphi(f(z)) \chi(d(x, z)) \operatorname{dvol}_{X}(z)
$$

for any positive function $\varphi$ on $Y$. The measure $\mu_{x}$ is the image by $f$ of a measure supported in $B(x, 1)$. We define $\widetilde{f}(x) \in Y$ to be the center of mass of $\mu_{x}$. Lemma 2.5(a) tells us that the map $x \mapsto \widetilde{f}(x)$ is well-defined. The Lipschitz continuity of $\widetilde{f}$ will follow from Lemma 2.5(b) applied to $\mu_{1}:=\mu_{x_{1}}$ and $\mu_{2}:=\mu_{x_{2}}$ with $x_{1}, x_{2}$ in $X$. Let us check that the three assumptions in Lemma 2.5(b) are satisfied.
(i) Because of the pinching of the curvature of $X$, the Bishop volume estimates tell us that there exist positive constants $0<m_{0}<M_{0}$ such that, for all $x$,

$$
m_{0} \leq \operatorname{vol}(B(x, 1 / 2)) \leq \mu_{x}(Y) \leq \operatorname{vol}(B(x, 1)) \leq M_{0}
$$

(ii) When $x_{1}, x_{2} \in X$ with $d\left(x_{1}, x_{2}\right) \leq 1$, the bound (2.4) ensures that both $\mu_{x_{1}}$ and $\mu_{x_{2}}$ are supported in $B\left(f\left(x_{1}\right), 2 c+C\right)$.
(iii) We have

$$
\left\|\mu_{x_{1}}-\mu_{x_{2}}\right\| \leq M_{0} \sup _{z \in X}\left|\chi\left(d\left(x_{1}, z\right)\right)-\chi\left(d\left(x_{2}, z\right)\right)\right| \leq 4 M_{0} d\left(x_{1}, x_{2}\right) .
$$

Thus Lemma 2.5 applies and yields a bound on the Lipschitz constant of $\tilde{f}$, namely

$$
\operatorname{Lip}(\tilde{f}):=\sup _{x_{1} \neq x_{2}} d\left(\tilde{f}\left(x_{1}\right), \tilde{f}\left(x_{2}\right)\right) / d\left(x_{1}, x_{2}\right) \leq \frac{16(2 c+C) M_{0}}{m_{0}}
$$

2.2.3. Bound on the second derivative. The second step of the proof of Proposition 2.4 relies on three lemmas. The first lemma provides a nice system of charts on $Y$.

Lemma 2.6. Let $Y$ be a Hadamard manifold with $-b^{2} \leq K_{Y} \leq 0$ and $k^{\prime}=\operatorname{dim} Y$. There exist constants $r_{0}=r_{0}\left(k^{\prime}, b\right)>0$ and $c_{0}=c_{0}\left(k^{\prime}, b\right)>1$ such that, for each $y$ in $Y$, there exists a $\mathcal{C}^{\infty}$ chart $\Phi_{y}$ for the open ball,

$$
\begin{equation*}
\Phi_{y}: \stackrel{\circ}{B}\left(y, r_{0}\right) \xrightarrow{\sim} U_{y} \subset \mathbb{R}^{k^{\prime}} \quad \text { with } \quad \Phi_{y}(y)=0 \tag{2.8}
\end{equation*}
$$

such that

$$
\begin{equation*}
\left\|D \Phi_{y}\right\| \leq c_{0}, \quad\left\|D \Phi_{y}^{-1}\right\| \leq c_{0}, \quad\left\|D^{2} \Phi_{y}\right\| \leq c_{0}, \quad\left\|D^{2} \Phi_{y}^{-1}\right\| \leq c_{0} \tag{2.9}
\end{equation*}
$$

In particular, for all $r<r_{0}$,

$$
\begin{equation*}
\Phi_{y}\left(B\left(y, c_{0}^{-1} r\right)\right) \subset B(0, r) \quad \text { and } \quad B\left(0, c_{0}^{-1} r\right) \subset \Phi_{y}(B(y, r)) \tag{2.10}
\end{equation*}
$$

We have endowed $\mathbb{R}^{k^{\prime}}$ with the standard Euclidean structure.

Proof of Lemma 2.6. This is classical. One can for instance choose the so-called almost linear coordinates, as in [19, Section 2] or [32, Section 3]. They are defined in the following way. We fix an orthonormal basis $\left(e_{i}\right)_{1 \leq i \leq k^{\prime}}$ for the tangent space $T_{y} Y$ and set $y_{i}:=\exp _{y}\left(-e_{i}\right) \in Y$. The map $\Phi_{y}$ is defined by the formula

$$
\Phi_{y}(z)=\left(d\left(z, y_{1}\right)-1, \ldots, d\left(z, y_{k^{\prime}}\right)-1\right)
$$

where $z$ belongs to a sufficiently small ball $\grave{B}\left(y, r_{0}\right)$. See [19, pp. 43 and 58 ] for a detailed proof.
There exist better systems of coordinates, the so-called harmonic coordinates. We will not need them in this section, but we will need them in Section 5 to prove uniqueness (see Lemma 5.2).

The second lemma explains how to modify a Lipschitz map $g$ inside a tiny ball $B(x, r)$ of $X$ so that the new map $g_{x, r}$ is constant on $B(x, r / 2)$ and the first two derivatives of $g_{x, r}$ are controlled by those of $g$. We recall that $\chi: \mathbb{R} \rightarrow \mathbb{R}$ is a non-negative $\mathcal{C}^{\infty}$ function with support included in $]-1,1[$, which is equal to 1 on a neighborhood of $[-1 / 2,1 / 2]$ and 4-Lipschitz, i.e. $\left|\chi^{\prime}\right| \leq 4$.

Lemma 2.7. Let $X$ and $Y$ be Hadamard manifolds with bounded curvatures $-b^{2} \leq$ $K_{X}, K_{Y} \leq 0$. Let $r_{0}>0$ and $c_{0} \geq 1$ be as in Lemma 2.6. Let $g: X \rightarrow Y$ be a Lipschitz map, $x$ a point in $X, y=g(x)$ and $0<r<r_{0}$. Assume that

$$
\begin{equation*}
\operatorname{Lip}(g)<\frac{r_{0}}{c_{0}^{2} r} \tag{2.11}
\end{equation*}
$$

Then the following formula defines a Lipschitz map $g_{r, x}: X \rightarrow Y$ :

$$
g_{r, x}(z)= \begin{cases}g(x) & \text { if } d(z, x) \leq r / 2 \\ \Phi_{y}^{-1}\left(\left(1-\chi\left(\frac{d(z, x)}{r}\right)\right) \Phi_{y}(g(z))\right) & \text { if } r / 2 \leq d(z, x) \leq r \\ g(z) & \text { if } d(z, x) \geq r\end{cases}
$$

We have

$$
\begin{equation*}
\operatorname{Lip}_{B(x, r)}\left(g_{r, x}\right) \leq 5 c_{0}^{2} \operatorname{Lip}_{B(x, r)}(g) \tag{2.12}
\end{equation*}
$$

In particular,

$$
\begin{equation*}
\operatorname{Lip}\left(g_{r, x}\right) \leq 5 c_{0}^{2} \operatorname{Lip}(g) \tag{2.13}
\end{equation*}
$$

Moreover, if $g$ is $\mathcal{C}^{2}$ in a neighborhood of a point $z$ in $X$, then $g_{r, x}$ is also $\mathcal{C}^{2}$ in this neighborhood and

$$
\begin{equation*}
\left\|D^{2} g_{r, x}(z)\right\| \leq\left(\left\|D^{2} g(z)\right\|+\operatorname{Lip}_{B(x, r)}(g)^{2}+1\right) M_{r} \tag{2.14}
\end{equation*}
$$

where the constant $M_{r} \geq 1$ depends only on $r, b, k, k^{\prime}$ and $\chi$.
Proof. Condition (2.11) ensures that, for any $z$ in $B(x, r)$, the image $g(z)$ belongs to $\stackrel{\circ}{B}\left(y, c_{0}^{-2} r_{0}\right)$. Therefore, by (2.10), the vector $\Phi_{y}(g(z))$ belongs to $\check{B}\left(0, c_{0}^{-1} r_{0}\right) \subset \mathbb{R}^{k^{\prime}}$. When we multiply this vector by the scalar $1-\chi(\cdot)$, the new vector is still in the same ball. That is why, using again (2.10), the element $g_{r, x}(z)$ is well-defined and belongs to $B\left(y, r_{0}\right)$.

The upper bound (2.12) follows from the chain rule. Indeed, when $z$ is a point in $B(x, r)$ where $g$ is differentiable, the bound (2.9) yields

$$
\begin{aligned}
\left\|D g_{r, x}(z)\right\| & \leq c_{0}\left(\frac{4}{r}\left\|\Phi_{y}(g(z))\right\|+\left\|D\left(\Phi_{y} \circ g\right)(z)\right\|\right) \\
& \leq 5 c_{0} \operatorname{Lip}_{B(x, r)}\left(\Phi_{y} \circ g\right) \leq 5 c_{0}^{2} \operatorname{Lip}_{B(x, r)}(g)
\end{aligned}
$$

The upper bound (2.14) follows from similar and longer computations left to the reader, which also use the bounds (2.3) for $D^{2} d_{x}$.
We will also need a third lemma. We recall that a subset $X_{0}$ of a metric space $X$ is said to be $r$-separated if the distance between two distinct points of $X_{0}$ is at least $r$.

Lemma 2.8. Let $X$ be a Hadamard manifold with $-b^{2} \leq K_{X} \leq 0$. Let $k=\operatorname{dim} X$ and $N_{0}:=100^{k}$. There exists a radius $r_{0}=r_{0}(k, b)>0$ such that, for any $r<r_{0}$, every $r / 2$-separated subset $X_{0}$ of $X$ can be decomposed as a union of at most $N_{0}$ subsets which are $2 r$-separated.
Proof. The bound on the curvature of $X$ and the Bishop volume estimates ensure that we can choose $r_{0}>0$ such that

$$
\begin{equation*}
\operatorname{vol}(B(x, 4 r)) \leq N_{0} \operatorname{vol}(B(x, r / 4)) \quad \text { for all } r<r_{0} \text { and } x \text { in } X . \tag{2.15}
\end{equation*}
$$

This $r_{0}$ works. Indeed, let $X_{1}, \ldots, X_{N_{0}}$ be a sequence of disjoint $2 r$-separated subsets of $X_{0}$ with $X_{1}$ maximal in $X_{0}, X_{2}$ maximal in $X_{0} \backslash X_{1}$, and so on. Every point $x$ of $X_{0}$ must be in one of the $X_{i}$ 's with $i \leq N_{0}$ because if not, each $X_{i}$ contains a point in $B(x, 2 r)$, contradicting (2.15).
Proof of Proposition 2.4. Second step: bound on $D^{2} \widetilde{f}$. According to the first step of this proof, we can now assume that the map $f: X \rightarrow Y$ is $c$-Lipschitz with $c \geq 1$.

We can choose a new radius $r_{0}=r_{0}\left(k, k^{\prime}, b\right)$ that satisfies both conclusions of Lemma 2.8 for $X$ and of Lemma 2.6 for $Y$. We will freely use the notations of these two lemmas. Now let

$$
r_{1}=\frac{r_{0}}{5^{N_{0}} c_{0}^{2 N_{0}+2} c}
$$

and pick a maximal $r_{1} / 4$-separated subset $X_{0}$ of $X$. Thanks to Lemma 2.8, we write this set $X_{0}$ as a union

$$
X_{0}=X_{1} \cup \cdots \cup X_{N_{0}}
$$

of $N_{0}$ subsets $X_{i}$ which are $2 r_{1}$-separated.
In order to construct $\tilde{f}$ from $f$, we will use a finite iterative process based on Lemma 2.7. Starting with $f_{0}=f$, we construct by induction a finite sequence of maps $f_{i}$ for $i \leq N_{0}$ and we set $\tilde{f}:=f_{N_{0}}$. In the notations of Lemma 2.7, the map $f_{i}$ is defined from $f_{i-1}$ by letting

$$
f_{i}(z)= \begin{cases}\left(f_{i-1}\right)_{r_{1}, x}(z) & \text { if } d(z, x) \leq r_{1} \text { for some } x \text { in } X_{i+1} \\ f_{i-1}(z) & \text { otherwise }\end{cases}
$$

so that the Lipschitz constants of these maps satisfy

$$
\begin{equation*}
\operatorname{Lip}\left(f_{i}\right) \leq 5 c_{0}^{2} \operatorname{Lip}\left(f_{i-1}\right) \leq 5^{i} c_{0}^{2 i} c \tag{2.16}
\end{equation*}
$$

Indeed, once $f_{i}$ is known to be well-defined and to satisfy (2.16), it also satisfies the bound (2.11): $\operatorname{Lip}\left(f_{i}\right)<\frac{r_{0}}{c_{0}^{2} r_{1}}$. Therefore Lemma 2.7 ensures that $f_{i+1}$ is well-defined and, using (2.12), that $f_{i+1}$ also satisfies (2.16):

$$
\operatorname{Lip}\left(f_{i+1}\right) \leq 5 c_{0}^{2} \operatorname{Lip}\left(f_{i}\right) \leq 5^{i+1} c_{0}^{2(i+1)} c
$$

Let $\Lambda:=M_{r_{1}}+25 c_{0}^{4}+1$. By (2.14) and (2.16), for any $i \leq N_{0}$ and $z$ in $X$,

$$
\begin{equation*}
\left\|D^{2} f_{i}(z)\right\|+\operatorname{Lip}\left(f_{i}\right)^{2}+1 \leq \Lambda\left(\left\|D^{2} f_{i-1}(z)\right\|+\operatorname{Lip}\left(f_{i-1}\right)^{2}+1\right) \tag{2.17}
\end{equation*}
$$

Since $X_{0}$ is a maximal $r_{1} / 4$-separated subset of $X$, every $z$ in $X$ belongs to at least one ball $\dot{B}(x, r / 2)$ where $x$ is in one of the sets $X_{i_{0}}$. But then the function $f_{i_{0}}$ is constant in a neighborhood of $z$. Therefore, using (2.16) and applying the bound (2.17) $N_{0}-i_{0}$ times one deduces that $\tilde{f}$ is a $\mathcal{C}^{2}$ map that satisfies the uniform upper bound

$$
\left\|D^{2} \tilde{f}(z)\right\| \leq\left(\left(5^{i_{0}} c_{0}^{2 i_{0}} c\right)^{2}+1\right) \Lambda^{N_{0}-i_{0}} \leq \Lambda^{N_{0}} c^{2}
$$

## 3. Harmonic maps

In this section we begin the proof of the existence part in Theorem 1.1. We first recall basic facts concerning harmonic maps. We explain why a standard compactness argument reduces this existence part to proving a uniform upper bound on the distance between $f$ and the harmonic map $h_{R}$ which is equal to $f$ on the sphere $S(O, R)$. Then we provide this upper bound near $S(O, R)$.

### 3.1. Harmonic functions and the distance function

We recall basic facts on the Laplace operator on Hadamard manifolds.
The Laplace-Beltrami operator $\Delta$ on a Riemannian manifold $X$ is defined as the trace of the Hessian. In local coordinates, the Laplacian of a function $\varphi$ is

$$
\begin{equation*}
\Delta \varphi=\operatorname{tr}\left(D^{2} \varphi\right)=\frac{1}{v} \sum_{i, j} \frac{\partial}{\partial x_{i}}\left(v g_{X}^{i j} \frac{\partial}{\partial x_{j}} \varphi\right) \tag{3.1}
\end{equation*}
$$

where $v=\sqrt{\operatorname{det}\left(g_{X i j}\right)}$ is the volume density. The function $\varphi$ is said to be harmonic if $\Delta \varphi=0$ and subharmonic if $\Delta \varphi \geq 0$.

We will need the following basic lemma.
Lemma 3.1. Let $X$ be a Hadamard manifold with $K_{X} \leq-a^{2} \leq 0$ and let $x_{0} \in X$. Then the function $d_{x_{0}}$ is subharmonic. More precisely, the distribution $\Delta d_{x_{0}}-a$ is non-negative. Proof. This is [3, Lemma 2.5].

### 3.2. Harmonic maps and the distance function

In this subsection, we recall two useful facts satisfied by a harmonic map $h$ : the subharmonicity of the functions $d_{y_{0}} \circ h$, and Cheng's estimate for the differential $D h$.

Definition 3.2. Let $h: X \rightarrow Y$ be a $\mathcal{C}^{2}$ map between Riemannian manifolds. The tension field of $h$ is the trace of the second covariant derivative, $\tau(h):=\operatorname{tr}\left(D^{2} h\right)$. The map $h$ is said to be harmonic if $\tau(h)=0$.
Note that the tension field $\tau(h)$ is a $Y$-valued vector field on $X$, i.e. it is a section of the pull-back of the tangent bundle $T Y \rightarrow Y$ under the map $h: X \rightarrow Y$.

For instance, an isometric immersion with minimal image is always harmonic. The problem of the existence, regularity and uniqueness of harmonic maps under various boundary conditions is a very classical topic (see [10], [38], [19], [9], [40], [37] or [26]). In particular, when $Y$ is simply connected and has non-positive curvature, a harmonic map is always $\mathcal{C}^{\infty}$, and is a minimum of the energy functional among maps that agree with $h$ outside a compact subset of $X$.

Lemma 3.3. Let $h: X \rightarrow Y$ be a harmonic $\mathcal{C}^{\infty}$ map between Riemannian manifolds. Let $y_{0} \in Y$ and let $\rho_{h}:=d_{y_{0}} \circ h: X \rightarrow \mathbb{R}$. If $Y$ is Hadamard, then the continuous function $\rho_{h}$ is subharmonic on $X$.
Proof. See [3, Lemma 3.2].
Another crucial property of harmonic maps is the following bound for their differential due to Cheng.
Lemma 3.4. Let $X, Y$ be Hadamard manifolds with $-b^{2} \leq K_{X} \leq 0$. Let $k=\operatorname{dim} X$, $z \in X, r>0$ and let $h: B(z, r) \rightarrow Y$ be a harmonic $\mathcal{C}^{\infty}$ map such that $h(B(z, r))$ lies in a ball of radius $R_{0}$. Then

$$
\|D h(z)\| \leq 2^{5} k \frac{1+b r}{r} R_{0} .
$$

In applications, we will use this inequality with $r=b^{-1}$.
Proof. This is a simplified version of [8, Formula 2.9].

### 3.3. Existence of harmonic maps

In this subsection we prove Theorem 1.1, taking for granted Proposition 3.5 below.
Let $X$ and $Y$ be Hadamard manifolds with $-b^{2} \leq K_{X}, K_{Y} \leq-a^{2}<0$. Let $k=$ $\operatorname{dim} X$ and $k^{\prime}=\operatorname{dim} Y$. Let $f: X \rightarrow Y$ be a $(c, C)$-quasi-isometric $\mathcal{C}^{\infty}$ map whose first two covariant derivatives are bounded.

We fix a point $O$ in $X$. For $R>0$, we write $B_{R}:=B(O, R)$. Since $Y$ is a Hadamard manifold, according to Hamilton [16] (see also Schoen and Uhlenbeck [35], [36]) there exists a unique harmonic map $h_{R}: B_{R} \rightarrow Y$ which is $\mathcal{C}^{\infty}$ on $B_{R}$ and satisfies the Dirichlet condition $h_{R}=f$ on $\partial B_{R}$. We denote

$$
d\left(h_{R}, f\right)=\sup _{x \in B(O, R)} d\left(h_{R}(x), f(x)\right) .
$$

The main step for proving existence in Theorem 1.1 is the following uniform estimate.
Proposition 3.5. There exists a constant $\rho \geq 1$ such that $d\left(h_{R}, f\right) \leq \rho$ for any $R \geq 1$.
The constant $\rho$ is a function of $a, b, c, C, k$ and $k^{\prime}$. More precisely, when $f$ satisfies (4.1), $\rho$ only needs to satisfy (4.6)-(4.8).

We briefly recall the classical argument used to deduce Theorem 1.1 from this proposition.

Proof of Theorem 1.1. As explained in Proposition 2.4, we may assume that the ( $c, C$ )-quasi-isometric map $f$ is $\mathcal{C}^{\infty}$ with bounded first two covariant derivatives. Pick an unbounded increasing sequence of radii $R_{n}$ and let $h_{R_{n}}: B_{R_{n}} \rightarrow Y$ be the harmonic $\mathcal{C}^{\infty}$ map that agrees with $f$ on the sphere $\partial B_{R_{n}}$. Proposition 3.5 ensures that the sequence of maps ( $h_{R_{n}}$ ) is locally uniformly bounded. Using the Cheng Lemma 3.4 it follows that their first derivatives are also locally uniformly bounded. The Ascoli-Arzelà theorem implies that, after extracting a subsequence, the sequence ( $h_{R_{n}}$ ) converges uniformly on every ball $B_{S}$ towards a continuous map $h: X \rightarrow Y$. Using the Schauder estimates, one also gets a uniform bound for the $\mathcal{C}^{2, \alpha}$-norms of $h_{R_{n}}$ on $B_{S}$. These classical estimates will be recalled in formulas (5.32) and (5.33) in Section 5.6. Therefore, by the Ascoli-Arzelà theorem again, the sequence $\left(h_{R_{n}}\right)$ converges in the $\mathcal{C}^{2}$-norm and the limit map $h$ is $\mathcal{C}^{2}$ and harmonic. By construction, this limit harmonic map $h$ stays within bounded distance of the quasi-isometric map $f$.

Remark 3.6. By the uniqueness part of our Theorem 1.1 that we will prove in Section 5, the harmonic map $h$ which stays within bounded distance of $f$ is unique. Hence the above argument also proves that the whole family of harmonic maps $h_{R}$ converges to $h$ uniformly on compact subsets of $X$ when $R$ goes to infinity.

### 3.4. Boundary estimate

In this subsection, we begin the proof of Proposition 3.5: we bound the distance between $h_{R}$ and $f$ near the sphere $\partial B_{R}$.

Proposition 3.7. Let $X, Y$ be Hadamard manifolds and $k=\operatorname{dim} X$. Assume moreover that $K_{X} \leq-a^{2}<0$ and $-b^{2} \leq K_{Y} \leq 0$. Let $c \geq 1$ and $f: X \rightarrow Y$ be a $\mathcal{C}^{\infty}$ map with $\|D f(x)\| \leq c$ and $\left\|D^{2} f(x)\right\| \leq b c^{2}$. Let $O \in X, R>0$ and set $B_{R}:=B(O, R)$. Let $h_{R}: B_{R} \rightarrow Y$ be the harmonic $\mathcal{C}^{\infty}$ map whose restriction to the sphere $\partial B_{R}$ is equal to $f$. Then, for every $x$ in $B_{R}$,

$$
\begin{equation*}
d\left(h_{R}(x), f(x)\right) \leq \frac{3 k b c^{2}}{a} d\left(x, \partial B_{R}\right) \tag{3.2}
\end{equation*}
$$

An important feature of this upper bound is that it does not depend on the radius $R$, provided the distance $d\left(x, \partial B_{R}\right)$ remains bounded. This is why we call (3.2) the boundary estimate. The proof relies on an idea of Jost [19, Section 4].

Proof of Proposition 3.7. This proposition is already in [3, Proposition 3.8]. We give a slightly shorter proof. Let $x \in B_{R}$ and let $y \in Y$ be chosen so that $d\left(y, f\left(B_{R}\right)\right) \geq b^{-1}$ and

$$
\begin{equation*}
d_{y}\left(h_{R}(x)\right)-d_{y}(f(x))=d\left(f(x), h_{R}(x)\right) . \tag{3.3}
\end{equation*}
$$

This point $y$ is far away on the geodesic ray starting at $h_{R}(x)$ and containing $f(x)$. Let $\varphi$ be the $\mathcal{C}^{\infty}$ function on the ball $B_{R}$ defined by

$$
\begin{equation*}
\varphi(z):=d_{y}\left(h_{R}(z)\right)-d_{y}(f(z))-\frac{3 k b c^{2}}{a}\left(R-d_{O}(z)\right) \quad \text { for all } z \text { in } B_{R} \tag{3.4}
\end{equation*}
$$

This is the sum of three functions, $\varphi=\varphi_{1}+\varphi_{2}+\varphi_{3}$.
The first function $\varphi_{1}: z \mapsto d_{y}\left(h_{R}(z)\right)$ is subharmonic on $B_{R}$, i.e. $\Delta \varphi_{1} \geq 0$. This follows from Lemma 3.3 and the harmonicity of the map $h_{R}$.

The second function $\varphi_{2}: z \mapsto-d_{y}(f(z))$ has a bounded Laplacian, $\left|\Delta \varphi_{2}\right| \leq 3 k b c^{2}$. Indeed, since $y$ is far away, formula (2.3) yields the bound $\left\|D^{2} d_{y}\right\| \leq 2 b$ on $f\left(B_{R}\right)$ so that

$$
\left|\Delta \varphi_{2}\right|=\left|\Delta\left(d_{y} \circ f\right)\right| \leq k\left\|D^{2} d_{y}\right\|\|D f\|^{2}+k\left\|D d_{y}\right\|\left\|D^{2} f\right\| \leq 3 k b c^{2} .
$$

The third function $\varphi_{3}: z \mapsto-\frac{3 k b c^{2}}{a}\left(R-d_{O}(z)\right)$ has a Laplacian bounded below, $\Delta \varphi_{3} \geq 3 k b c^{2}$. This follows from Lemma 3.1 which says that $\Delta d_{O} \geq a$.

Hence the function $\varphi$ is subharmonic: $\Delta \varphi \geq 0$. Since $\varphi$ is zero on $\partial B_{R}$, one gets $\varphi(x) \leq 0$ as required.

## 4. Interior estimate

In this section we complete the proof of Proposition 3.5.

### 4.1. Strategy

We first explain more precisely the notations and the assumptions that we will use in the whole section.

Let $X$ and $Y$ be Hadamard manifolds whose curvatures are pinched, $-b^{2} \leq K_{X}, K_{Y}$ $\leq-a^{2}<0$. Let $k=\operatorname{dim} X$ and $k^{\prime}=\operatorname{dim} Y$. We start with a $\mathcal{C}^{\infty}$ quasi-isometric map $f: X \rightarrow Y$ whose first and second covariant derivatives are bounded. We fix constants $c \geq 1$ and $C>0$ such that, for all $x, x^{\prime}$ in $X$ :

$$
\begin{align*}
& \|D f(x)\| \leq c, \quad\left\|D^{2} f(x)\right\| \leq b c^{2}  \tag{4.1}\\
& c^{-1} d\left(x, x^{\prime}\right)-C \leq d\left(f(x), f\left(x^{\prime}\right)\right) \leq c d\left(x, x^{\prime}\right) \tag{4.2}
\end{align*}
$$

Note that the additive constant $C$ in the right-hand side term of (1.1) has been removed since the derivative of $f$ is now bounded by $c$.
4.1.1. Choosing the radius $\ell_{0}$. We fix a point $O$ in $X$. We introduce a fixed radius $\ell_{0}$ depending only on $a, b, k, k^{\prime}, c$ and $C$. This radius $\ell_{0}$ is only required to satisfy the three inequalities (4.3)-(4.5) that will be needed later on.

The first condition we impose on the radius $\ell_{0}$ is

$$
\begin{equation*}
b \ell_{0}>1 \tag{4.3}
\end{equation*}
$$

The second condition is

$$
\begin{equation*}
\ell_{0}>\frac{\left(A+b^{-1}\right) c}{\sin ^{2}\left(\varepsilon_{0} / 2\right)} \quad \text { where } \quad \varepsilon_{0}:=\left(3 c^{2} M\right)^{-N} \tag{4.4}
\end{equation*}
$$

where $A$ is the constant given by Lemma 2.2, and $M, N$ are the constants given by Proposition 4.9. The third condition we impose on $\ell_{0}$ is

$$
\begin{equation*}
16 e^{a C / 2} e^{-a \ell_{0} /(4 c)}<\theta_{0} \quad \text { where } \quad \theta_{0}:=e^{-b A}\left(\varepsilon_{0} / 4\right)^{b c / a} \tag{4.5}
\end{equation*}
$$

4.1.2. Assuming $\rho$ to be large. We want to prove Proposition 3.5. For $R>0$, recall that $h_{R}: B(O, R) \rightarrow Y$ is the harmonic $\mathcal{C}^{\infty}$ map whose restriction to the sphere $\partial B(O, R)$ is equal to $f$. We let

$$
\rho:=\sup _{x \in B(O, R)} d\left(h_{R}(x), f(x)\right) .
$$

We argue by way of contradiction. If this supremum $\rho$ is not uniformly bounded with respect to $R$, we can fix a radius $R$ such that $\rho$ satisfies the three inequalities (4.6)-(4.8) below that we will use later on.

The first condition we impose on the radius $\rho$ is

$$
\begin{equation*}
a \rho>8 k b c^{2} \ell_{0} \tag{4.6}
\end{equation*}
$$

The second condition is

$$
\begin{equation*}
\frac{2^{7}(a \rho)^{2}}{\sinh (a \rho / 2)}<\theta_{0} \tag{4.7}
\end{equation*}
$$

The third condition is

$$
\begin{equation*}
\rho>4 c \ell_{0} M\left(2^{10} e^{b \ell_{0}} k\right)^{N} \tag{4.8}
\end{equation*}
$$

where $M, N$ are the constants given by Proposition 4.9.
We denote by $x$ a point of $B(O, R)$ where the supremum (4.1.2) is achieved:

$$
d\left(h_{R}(x), f(x)\right)=\rho
$$

According to the boundary estimate in Proposition 3.7, condition (4.6) yields

$$
d(x, \partial B(O, R)) \geq \frac{a \rho}{3 k b c^{2}} \geq 2 \ell_{0}
$$

Combined with (4.3), this ensures that $B\left(x, \ell_{0}\right) \subset B\left(O, R-b^{-1}\right)$. This inclusion will allow us to apply Cheng's Lemma 3.4 at each point $z$ of $B\left(x, \ell_{0}\right)$.
4.1.3. Getting a contradiction. We will focus on the restrictions of $f$ and $h_{R}$ to $B\left(x, \ell_{0}\right)$. We set $y:=f(x)$. For $y_{1}, y_{2}$ in $Y \backslash\{y\}$, we denote by $\theta_{y}\left(y_{1}, y_{2}\right)$ the angle at $y$ of the geodesic triangle with vertices $y, y_{1}, y_{2}$. For $z \in S\left(x, \ell_{0}\right)$, we will analyze the triangle inequality

$$
\begin{equation*}
\theta_{y}\left(f(z), h_{R}(x)\right) \leq \theta_{y}\left(f(z), h_{R}(z)\right)+\theta_{y}\left(h_{R}(z), h_{R}(x)\right) \tag{4.9}
\end{equation*}
$$

and prove that on a subset $U_{\ell_{0}}$ of the sphere, each term on the right-hand side is small (Lemmas 4.5 and 4.6) while the measure of $U_{\ell_{0}}$ is large enough (Lemma 4.4) to ensure that the left-hand side is not that small (Lemma 4.8), giving rise to a contradiction. These arguments rely on uniform lower and upper bounds for the harmonic measures on spheres of $X$ that will be given in Proposition 4.9.

We denote by $\rho_{h}$ the function on $B\left(x, \ell_{0}\right)$ given by $\rho_{h}(z)=d\left(y, h_{R}(z)\right)$ where again $y=f(x)$. By Lemma 3.3, this function is subharmonic.

Definition 4.1. We set

$$
\begin{equation*}
U_{\ell_{0}}=\left\{z \in S\left(x, \ell_{0}\right) \mid \rho_{h}(z) \geq \rho-\ell_{0} /(2 c)\right\} . \tag{4.10}
\end{equation*}
$$

### 4.2. Measure estimate

We first observe that one can control the size of $\rho_{h}(z)$ and of $D h_{R}(z)$ on $B\left(x, \ell_{0}\right)$. We then derive a lower bound for the measure of $U_{\ell_{0}}$.

Lemma 4.2. For $z$ in $B\left(x, \ell_{0}\right)$, one has

$$
\rho_{h}(z) \leq \rho+c \ell_{0} .
$$

Proof. The triangle inequality and (4.2) give, for any $z$ in $B\left(x, \ell_{0}\right)$,

$$
\rho_{h}(z) \leq d\left(h_{R}(z), f(z)\right)+d(f(z), y) \leq \rho+c \ell_{0}
$$

Lemma 4.3. For $z$ in $B\left(x, \ell_{0}\right)$, one has

$$
\left\|D h_{R}(z)\right\| \leq 2^{8} k b \rho
$$

Proof. For all $z, z^{\prime}$ in $B(O, R)$ with $d\left(z, z^{\prime}\right) \leq b^{-1}$, the triangle inequality and (4.2) yield

$$
\begin{aligned}
d\left(h_{R}(z), h_{R}\left(z^{\prime}\right)\right) & \leq d\left(h_{R}(z), f(z)\right)+d\left(f(z), f\left(z^{\prime}\right)\right)+d\left(f\left(z^{\prime}\right), h_{R}\left(z^{\prime}\right)\right) \\
& \leq \rho+b^{-1} c+\rho \leq 2 \rho+c \ell_{0} \leq 3 \rho .
\end{aligned}
$$

For these last two inequalities, we have used (4.3) and (4.6). Applying Cheng's Lemma 3.4 with $R_{0}=3 \rho$ and $r=b^{-1}$, one then gets for all $z$ in $B\left(O, R-b^{-1}\right)$ the bound $\left\|D h_{R}(z)\right\| \leq 2^{8} k b \rho$.
We now give a lower bound for the measure of $U_{\ell_{0}}$.
Lemma 4.4. Let $\sigma=\sigma_{x, \ell_{0}}$ be the harmonic measure on the sphere $S\left(x, \ell_{0}\right)$ at the center point $x$. Then

$$
\begin{equation*}
\sigma\left(U_{\ell_{0}}\right) \geq \frac{1}{3 c^{2}} \tag{4.11}
\end{equation*}
$$

Proof. By Lemma 3.3, the function $\rho_{h}$ is subharmonic on $B\left(x, \ell_{0}\right)$. Hence $\rho_{h}$ is not larger than the harmonic function on the ball with the same boundary values on $S\left(x, \ell_{0}\right)$. Comparing these functions at the center $x$, one gets

$$
\begin{equation*}
\int_{S\left(x, \ell_{0}\right)}\left(\rho_{h}(z)-\rho\right) \mathrm{d} \sigma(z) \geq 0 \tag{4.12}
\end{equation*}
$$

By Lemma 4.2, the function $\rho_{h}$ is bounded by $\rho+c \ell_{0}$. Hence (4.12) and the definition of $U_{\ell_{0}}$ imply

$$
c \ell_{0} \sigma\left(U_{\ell_{0}}\right)-\frac{\ell_{0}}{2 c}\left(1-\sigma\left(U_{\ell_{0}}\right)\right) \geq 0
$$

so that $\sigma\left(U_{\ell_{0}}\right) \geq \frac{1}{3 c^{2}}$.

### 4.3. Upper bound for $\theta_{y}\left(f(z), h_{R}(z)\right)$

For all $z$ in $U_{\ell_{0}}$, we give an upper bound for the angle between $f(z)$ and $h_{R}(z)$ seen from the point $y=f(x)$.

Lemma 4.5. For $z$ in $U_{\ell_{0}}$, one has

$$
\begin{equation*}
\theta_{y}\left(f(z), h_{R}(z)\right) \leq 4 e^{a C / 2} e^{-a \ell_{0} /(4 c)} \tag{4.13}
\end{equation*}
$$

Proof. For $z$ in $U_{\ell_{0}}$, we consider the triangle with vertices $y, f(z)$ and $h_{R}(z)$. Its side lengths satisfy

$$
d\left(h_{R}(z), f(z)\right) \leq \rho, \quad d(y, f(z)) \geq \frac{\ell_{0}}{c}-C, \quad d\left(y, h_{R}(z)\right) \geq \rho-\frac{\ell_{0}}{2 c}
$$

where we use successively the definition of $\rho$, the quasi-isometry lower bound (4.2) and the definition of $U_{\ell_{0}}$. Hence, one gets the following lower bound for the Gromov product:

$$
\left(f(z) \mid h_{R}(z)\right)_{y} \geq \frac{\ell_{0}}{4 c}-\frac{C}{2} .
$$

Since $K_{Y} \leq-a^{2}$, Lemma 2.1 now yields (4.13).

### 4.4. Upper bound for $\theta_{y}\left(h_{R}(z), h_{R}(x)\right)$

For all $z$ in $S\left(x, \ell_{0}\right)$, we give an upper bound for the angle between $h_{R}(z)$ and $h_{R}(x)$ seen from $y=f(x)$.

Lemma 4.6. For all $z$ in $S\left(x, \ell_{0}\right)$, one has

$$
\begin{equation*}
\theta_{y}\left(h_{R}(z), h_{R}(x)\right) \leq \frac{2^{5}(a \rho)^{2}}{\sinh (a \rho / 2)} . \tag{4.14}
\end{equation*}
$$

The proof will rely on the following lemma which also ensures that $\theta_{y}\left(h_{R}(z), h_{R}(x)\right)$ is well-defined.

Lemma 4.7. For all $z$ in $B\left(x, \ell_{0}\right)$, one has $\rho_{h}(z) \geq \rho / 2$.
Proof. Assume by way of contradiction that there exists a point $z_{1}$ in $B\left(x, \ell_{0}\right)$ such that $\rho_{h}\left(z_{1}\right)=\rho / 2$. Set $r_{1}:=d\left(x, z_{1}\right)$. One has $0<r_{1} \leq \ell_{0}$. According to Lemma 4.3, one can bound the differential of $h_{R}$ on $B\left(x, \ell_{0}\right)$ as

$$
\sup _{B\left(x, \ell_{0}\right)}\left\|D h_{R}\right\| \leq 2^{8} k b \rho .
$$

Hence

$$
\rho_{h}(z) \leq 3 \rho / 4 \quad \text { for all } z \text { in } S\left(x, r_{1}\right) \cap B\left(z_{1}, \frac{1}{2^{10} k b}\right) .
$$

By comparison with the hyperbolic plane with curvature $-b^{2}$, this intersection contains the trace on the sphere $S\left(x, r_{1}\right)$ of a cone $C_{\alpha}$ with vertex $x$ and angle $\alpha$ as long as $\sin (\alpha / 2) \leq \frac{\sinh \left(2^{-11} / k\right)}{\sinh \left(b r_{1}\right)}$. For instance we will choose $\alpha:=e^{-b \ell_{0}} 2^{-10} / k$.

Let $\sigma^{\prime}=\sigma_{x, r_{1}}$ be the harmonic measure on $S\left(x, r_{1}\right)$ at the center point $x$. Using the subharmonicity of $\rho_{h}$ as in the proof of Lemma 3.3, one gets

$$
\begin{equation*}
\int_{S\left(x, r_{1}\right)}\left(\rho_{h}(z)-\rho\right) \mathrm{d} \sigma^{\prime}(z) \geq 0 \tag{4.15}
\end{equation*}
$$

By Lemma 4.2, the function $\rho_{h}$ is bounded by $\rho+c \ell_{0}$. Using the bound $\rho_{h}(z) \leq \frac{3}{4} \rho$ when $z$ is in the cone $C_{\alpha}$, (4.15) now implies that

$$
c \ell_{0}-\frac{\rho}{4} \sigma^{\prime}\left(C_{\alpha}\right) \geq 0
$$

Using the uniform lower bounds for the harmonic measures on the spheres of $X$ in Proposition 4.9, one gets

$$
\rho \leq 4 c \ell_{0} M \alpha^{-N}=4 c \ell_{0} M\left(2^{10} e^{b \ell_{0}} k\right)^{N}
$$

which contradicts (4.8).
Proof of Lemma 4.6. Let us first sketch the proof. Let $z \in S\left(x, \ell_{0}\right)$. We denote by $t \mapsto z_{t}$, for $0 \leq t \leq \ell_{0}$, the geodesic segment between $x$ and $z$. By Lemma 4.7, the curve $t \mapsto h_{R}\left(z_{t}\right)$ lies outside $B(y, \rho / 2)$ and by Cheng's bound on $\left\|D h_{R}\left(z_{t}\right)\right\|$ one controls the length of this curve.

We now detail the argument. We denote by $\left.\left(\rho\left(y^{\prime}\right), v\left(y^{\prime}\right)\right) \in\right] 0, \infty\left[\times T_{y}^{1} Y\right.$ the polar exponential coordinates centered at $y$. For a point $y^{\prime}$ in $Y \backslash\{y\}$, they are defined by the equality $y^{\prime}=\exp _{y}\left(\rho\left(y^{\prime}\right) v_{\rho}\left(y^{\prime}\right)\right)$. Since $K_{Y} \leq-a^{2}$, the Alexandrov comparison theorem for infinitesimal triangles and the Gauss lemma [12, 2.93] yield

$$
\sinh \left(a \rho\left(y^{\prime}\right)\right)\left\|D v\left(y^{\prime}\right)\right\| \leq a
$$

Writing $v_{h}:=v \circ h_{R}$, we thus have, for any $z^{\prime}$ in $B\left(x, \ell_{0}\right)$,

$$
\sinh \left(a \rho_{h}\left(z^{\prime}\right)\right)\left\|D v_{h}\left(z^{\prime}\right)\right\| \leq a\left\|D h_{R}\left(z^{\prime}\right)\right\| .
$$

Hence, Lemma 4.7 yields

$$
\theta_{y}\left(h_{R}(z), h_{R}(x)\right) \leq \ell_{0} \sup _{0 \leq t \leq \ell_{0}}\left\|D v_{h}\left(z_{t}\right)\right\| \leq \frac{a \ell_{0}}{\sinh (a \rho / 2)} \sup _{0 \leq t \leq \ell_{0}}\left\|D h_{R}\left(z_{t}\right)\right\| .
$$

Therefore, using Lemma 4.3 and (4.6), one gets

$$
\theta_{y}\left(h_{R}(z), h_{R}(x)\right) \leq \frac{2^{8} k b \rho a \ell_{0}}{\sinh (a \rho / 2)} \leq \frac{2^{5}(a \rho)^{2}}{\sinh (a \rho / 2)}
$$

### 4.5. Lower bound for $\theta_{y}\left(f(z), h_{R}(x)\right)$

We find a point $z$ in $U_{\ell_{0}}$ for which the angle between $f(z)$ and $h(x)$ seen from $y=f(x)$ has an explicit lower bound.

Lemma 4.8. There exist points $z_{1}, z_{2}$ in $U_{\ell_{0}}$ such that

$$
\theta_{y}\left(f\left(z_{1}\right), f\left(z_{2}\right)\right) \geq \theta_{0}
$$

where $\theta_{0}$ is the angle given by (4.5).

Proof. Let $\sigma_{0}:=\frac{1}{3 c^{2}}$. According to Lemma 4.4, one has $\sigma\left(U_{\ell_{0}}\right) \geq \sigma_{0}>0$ Thus, using the uniform upper bounds for harmonic measures on spheres of $X$ in Proposition 4.9, one can find $z_{1}, z_{2}$ in $U_{\ell_{0}}$ such that

$$
\sigma_{0} \leq M \theta_{x}\left(z_{1}, z_{2}\right)^{1 / N}
$$

This can be rewritten as

$$
\begin{equation*}
\theta_{x}\left(z_{1}, z_{2}\right) \geq \varepsilon_{0} \tag{4.16}
\end{equation*}
$$

where $\varepsilon_{0}$ is the angle introduced in (4.4) by the equality $\sigma_{0}=M \varepsilon_{0}^{1 / N}$. Therefore, using Lemma 2.1(a) and (4.4), we get the following lower bound on the Gromov products:

$$
\left.\min \left(\left(x \mid z_{1}\right)_{z_{2}},\left(x \mid z_{2}\right)_{z_{1}}\right)\right) \geq \ell_{0} \sin ^{2}\left(\varepsilon_{0} / 2\right) \geq\left(A+b^{-1}\right) c
$$

Using then Lemma 2.2, one gets

$$
\begin{equation*}
\min \left(\left(y \mid f\left(z_{1}\right)\right)_{f\left(z_{2}\right)},\left(y \mid f\left(z_{2}\right)\right)_{f\left(z_{1}\right)}\right) \geq b^{-1} \tag{4.17}
\end{equation*}
$$

This inequality allows us to apply Lemma 2.1(c), which gives

$$
\theta_{y}\left(f\left(z_{1}\right), f\left(z_{2}\right)\right) \geq e^{-b\left(f\left(z_{1}\right) \mid f\left(z_{2}\right)\right) y}
$$

Therefore, by Lemma 2.2,

$$
\theta_{y}\left(f\left(z_{1}\right), f\left(z_{2}\right)\right) \geq e^{-b A} e^{-b c\left(z_{1} \mid z_{2}\right)_{x}}
$$

Using Lemma 2.1(b) and (4.16), one gets

$$
\theta_{y}\left(f\left(z_{1}\right), f\left(z_{2}\right)\right) \geq e^{-b A}\left(\theta_{x}\left(z_{1}, z_{2}\right) / 4\right)^{b c / a} \geq e^{-b A}\left(\varepsilon_{0} / 4\right)^{b c / a}=\theta_{0}
$$

according to the definition (4.5) of $\theta_{0}$.
End of proof of Proposition 3.5. Using Lemmas 4.5 and 4.6 and the triangle inequality (4.9) one gets, for any two points $z_{i}=z_{1}$ or $z_{2}$ in $U_{\ell_{0}}$,

$$
\begin{aligned}
\theta_{y}\left(f\left(z_{i}\right), h_{R}(x)\right) & \leq 4 e^{a C / 2} e^{-a \ell_{0} /(4 c)}+\frac{2^{5}(a \rho)^{2}}{\sinh (a \rho / 2)} \\
& <\frac{1}{2} \theta_{0} \quad \text { by (4.5) and (4.7) }
\end{aligned}
$$

Therefore, using again a triangle inequality, one has $\theta_{y}\left(f\left(z_{1}\right), f\left(z_{2}\right)\right)<\theta_{0}$, which contradicts Lemma 4.8.

### 4.6. Harmonic measures

The following proposition gives the uniform lower and upper bounds for the harmonic measure on a sphere at the center which were used in the proof of Lemmas 4.7 and 4.8.

Proposition 4.9. Let $0<a<b$ and $k \geq 2$ be an integer. There exist positive constants $M, N$ depending only on $a, b, k$ such that for every $k$-dimensional Hadamard manifold $X$ with pinched curvature $-b^{2} \leq K_{X} \leq-a^{2}$, for every point $x$ in $X$, every radius $r>0$ and every angle $\theta \in[0, \pi]$ one has

$$
\begin{equation*}
\frac{1}{M} \theta^{N} \leq \sigma_{x, r}\left(C_{x, \theta}\right) \leq M \theta^{1 / N} \tag{4.18}
\end{equation*}
$$

where $\sigma_{x, r}$ denotes the harmonic measure on $S(x, r)$ at the point $x$ and where $C_{x, \theta}$ stands for any cone with vertex $x$ and angle $\theta$.

We recall that, by definition, $\sigma_{x, r}$ is the unique probability measure on $S(x, r)$ such that, for every continuous function $h$ on $B(x, r)$ which is harmonic in the interior $\stackrel{\circ}{B}(x, r)$, one has

$$
h(x)=\int_{S(x, r)} h(z) \mathrm{d} \sigma_{x, r}(z)
$$

A proof of Proposition 4.9 is given in [4]. It relies on various technical tools of potential theory on pinched Hadamard manifolds: the Harnack inequality, the barrier functions constructed by Anderson and Schoen [2] and upper and lower bounds for the Green functions due to Ancona [1]. Related estimates are the one by Kifer-Ledrappier [21, Theorem 3.1 and 4.1 ] where (4.18) is proven for the sphere at infinity or by Ledrappier-Lim [22, Proposition 3.9] where the Hölder regularity of the Martin kernel is proven.

## 5. Uniqueness of harmonic maps

In this section we prove the uniqueness part in Theorem 1.1.

### 5.1. Strategy

In other words we will prove the following proposition.
Proposition 5.1. Let $X, Y$ be pinched Hadamard manifolds and let $h_{0}, h_{1}: X \rightarrow Y$ be quasi-isometric harmonic maps that stay within bounded distance of one another:

$$
\sup _{x \in X} d\left(h_{0}(x), h_{1}(x)\right)<\infty .
$$

Then $h_{0}=h_{1}$.
When $X=Y=\mathbb{H}^{2}$, this proposition was proven by Li and Tam [24]. When both $X$ and $Y$ admit a cocompact group of isometries, it was proven by Li and Wang [25, Theorem 2.3]. The aim of this subsection is to explain how to get rid of these extra assumptions.

Note that the assumption that the $h_{i}$ are quasi-isometric is useful. Indeed, there do exist non-constant bounded harmonic functions on $X$. Note that there also exist bounded harmonic maps with open images. Here is a very simple example. Let $0<\lambda<1$. The map $h_{\lambda}$ from the Poincaré unit disk $\mathbb{D}$ of $\mathbb{C}$ into itself given by $z \mapsto \lambda z$ is harmonic. More generally, for any harmonic map $h: \mathbb{D} \rightarrow \mathbb{D}$, the map $h_{\lambda}: \mathbb{D} \rightarrow \mathbb{D}: z \mapsto h(\lambda z)$ is harmonic with bounded image.

Before going into technical details, we first explain the strategy of the proof of uniqueness.
Strategy of proof of Proposition 5.1. We recall that $x \mapsto d\left(h_{0}(x), h_{1}(x)\right)$ is a subharmonic function on $X$ and that, by the maximum principle, a subharmonic function that achieves its maximum value is constant. Unfortunately since $X$ is non-compact we cannot a priori ensure that this bounded function achieves its maximum. That is why we will use a recentering argument. This will force us to deal with Riemannian manifolds which are not $\mathcal{C}^{\infty}$ (see Section 5.4).

We assume, towards a contradiction, that $h_{0} \neq h_{1}$, we choose a sequence of points $p_{n}$ in $X$ for which

$$
\begin{equation*}
d\left(h_{0}\left(p_{n}\right), h_{1}\left(p_{n}\right)\right) \rightarrow \delta:=\sup _{x \in X} d\left(h_{0}(x), h_{1}(x)\right)>0 \tag{5.1}
\end{equation*}
$$

and we set $q_{n}:=h_{0}\left(p_{n}\right)$.
The pinching conditions on $X$ and $Y$ ensure that, after extracting a subsequence, the pointed metric spaces $\left(X, p_{n}\right)$ and $\left(Y, q_{n}\right)$ converge in the Gromov-Hausdorff topology to pointed metric spaces $\left(X_{\infty}, p_{\infty}\right)$ and $\left(Y_{\infty}, q_{\infty}\right)$ which are $\mathcal{C}^{2}$ Hadamard manifolds with $\mathcal{C}^{1}$ Riemannian metrics satisfying the same pinching conditions (Proposition 5.14). Moreover, extracting again a subsequence, the harmonic map $h_{0}$ (resp. $h_{1}$ ) seen as a sequence of maps between the pointed Hadamard manifolds ( $X, p_{n}$ ) and ( $Y, q_{n}$ ) converges locally uniformly to a map $h_{0, \infty}$ (resp $h_{1, \infty}$ ) between the pointed $C^{2}$ Hadamard manifolds $\left(X_{\infty}, p_{\infty}\right)$ and $\left(Y_{\infty}, q_{\infty}\right)$. These harmonic maps $h_{0, \infty}$ and $h_{1, \infty}$ are still harmonic quasi-isometric maps (Lemma 5.15).

The limit distance function $x \mapsto d\left(h_{0, \infty}(x), h_{1, \infty}(x)\right)$ is a subharmonic function on $X_{\infty}$ that now achieves its maximum $\delta>0$ at the point $p_{\infty}$. Hence, by the maximum principle, this distance function is constant and equal to $\delta$ (Lemma 5.16). Generalizing [25, Lemma 2.2], we will see in Corollary 5.19 that this equidistance property implies that both $h_{0, \infty}$ and $h_{1, \infty}$ take their values in a geodesic of $Y_{\infty}$. This contradicts the fact that $h_{0, \infty}$ and $h_{1, \infty}$ are quasi-isometric maps, and concludes this description of the strategy of proof.
In the following subsections of Section 5, we fill in the details of the proof.

### 5.2. Harmonic coordinates

We first introduce the so-called harmonic coordinates, which improve the quasilinear coordinates introduced in Lemma 2.6. We refer to [15] or [19] for more details.

The harmonic coordinates have been introduced by DeTurk and Kazdan and extensively used by Cheeger, Jost, Karcher, Petersen and others to prove various compactness
results for compact Riemannian manifolds. Besides being harmonic, the main advantage of these coordinates is that, for every $\alpha \in] 0,1\left[\right.$, they are uniformly bounded in the $\mathcal{C}^{2, \alpha_{-}}$ norm, i.e. they are uniformly bounded in the $\mathcal{C}^{2}$-norm and one also has uniform control of the $\alpha$-Hölder norm of their second covariant derivatives. Moreover, one has uniform control on the size of balls on which these harmonic charts are defined. This is what the following lemma tells us.

We endow $\mathbb{R}^{k}$ with the standard Euclidean structure.
Lemma 5.2. Let $X$ be a $k$-dimensional Hadamard manifold with bounded curvature, $-1 \leq K_{X} \leq 0$. Let $0<\alpha<1$. There exist constants $r_{0}=r_{0}(k)>0$ and $c_{0}=$ $c_{0}(k, \alpha)>0$ such that, for every $x$ in $X$, there exists a $\mathcal{C}^{\infty}$ diffeomorphism

$$
\begin{align*}
& \Psi_{x}: \stackrel{\circ}{B}\left(x, r_{0}\right) \xrightarrow{\sim} U_{x} \subset \mathbb{R}^{k} \quad \text { with } \quad \Psi_{x}(x)=0  \tag{5.2}\\
& \left\|D \Psi_{x}\right\| \leq c_{0}, \quad\left\|D \Psi_{x}^{-1}\right\| \leq c_{0}, \quad\left\|D^{2} \Psi_{x}\right\| \leq c_{0}, \quad\left\|D^{2} \Psi_{x}^{-1}\right\| \leq c_{0} \tag{5.3}
\end{align*}
$$

and such that each component $z_{1}, \ldots, z_{k}$ of $\Psi_{x}$ is a harmonic function.
In particular, for all $r<r_{0}$ one has

$$
\begin{equation*}
\Psi_{x}\left(B\left(x, c_{0}^{-1} r\right)\right) \subset B(0, r) \quad \text { and } \quad B\left(0, c_{0}^{-1} r\right) \subset \Psi_{x}(B(x, r)) \tag{5.4}
\end{equation*}
$$

The second covariant derivatives of all $\Psi_{x}$ are also uniformly $\alpha$-Hölder:

$$
\begin{equation*}
\left\|D^{2} \Psi_{x}\right\|_{\mathcal{C}^{\alpha}} \leq c_{0} \tag{5.5}
\end{equation*}
$$

This $\alpha$-Hölder seminorm $\left\|D^{2} \Psi_{x}\right\|_{\mathcal{C}^{\alpha}}$ is defined as follows. Using the vector fields $\frac{\partial}{\partial z_{1}}, \ldots, \frac{\partial}{\partial z_{k}}$ on $\stackrel{\circ}{B}\left(x, r_{0}\right)$ associated to our coordinate system $\Psi_{x}=\left(z_{1}, \ldots, z_{k}\right)$, we reinterpret the tensor $D^{2} \Psi_{x}$ as a family of vector valued functions on $\grave{B}\left(x, r_{0}\right)$. Indeed, we set

$$
T_{x}^{i j}(z)=D^{2} \Psi_{x}(z)\left(\frac{\partial}{\partial z_{i}}, \frac{\partial}{\partial z_{j}}\right) \in \mathbb{R}^{k} \quad \text { for } i, j \text { in }\{1, \ldots, k\}
$$

and the bound (5.5) means that

$$
\begin{equation*}
\left\|D^{2} \Psi_{x}\right\|_{\mathcal{C}^{\alpha}}:=\max _{i, j} \sup _{z, z^{\prime}} \frac{\left\|T_{x}^{i j}(z)-T_{x}^{i j}\left(z^{\prime}\right)\right\|}{d\left(z, z^{\prime}\right)^{\alpha}} \leq c_{0} \tag{5.6}
\end{equation*}
$$

The uniform bounds (5.3) and (5.5) have three consequences.
First, in the harmonic coordinate systems $\Psi_{x}=\left(z_{1}, \ldots, z_{k}\right)$, the Christoffel coefficients $\Gamma_{i j}^{\ell}$ are uniformly bounded in the $\mathcal{C}^{\alpha}$-norm. Indeed, these coefficients $\left(\Gamma_{i j}^{\ell}\right)_{1 \leq \ell \leq k}$ are the components of the vector $-D^{2} \Psi_{x}\left(\frac{\partial}{\partial z_{i}}, \frac{\partial}{\partial z_{j}}\right) \in \mathbb{R}^{k}$.

Second, on their domain of definition, the transition functions

$$
\begin{equation*}
\Psi_{x^{\prime}} \circ \Psi_{x}^{-1} \text { are uniformly bounded in the } \mathcal{C}^{2, \alpha} \text {-norm. } \tag{5.7}
\end{equation*}
$$

Third, in the coordinate systems $\Psi_{x}=\left(z_{1}, \ldots, z_{k}\right)$, the coefficients of the metric tensor

$$
\begin{equation*}
g_{i j}:=g\left(\frac{\partial}{\partial z_{i}}, \frac{\partial}{\partial z_{j}}\right) \text { are uniformly bounded in the } \mathcal{C}^{1, \alpha} \text {-norm. } \tag{5.8}
\end{equation*}
$$

Proof of Lemma 5.2. See [19, pp. 62 and 65] or [32, Section 4].

### 5.3. Gromov-Hausdorff convergence

In this subsection, we recall the definition of Gromov-Hausdorff convergence for pointed metric spaces and some of its key properties. We refer to [7] for more details.
5.3.1. Definition. When $X$ is a metric space, we will denote by $d$ or $d_{X}$ the distance on $X$. Recall that $B(x, R)$ denotes the closed ball with center $x$ and radius $R$, and $\grave{B}(x, R)$ the open ball. Also recall that a metric space $X$ is proper if all its balls are compact or, equivalently, if $X$ is complete and for all $R>0$ and $\varepsilon>0$ every ball of radius $R$ can be covered by finitely many balls of radius $\varepsilon$.

We also recall the notion of Gromov-Hausdorff distance between two (isometry classes of proper) pointed metric spaces.

Definition 5.3. The Gromov-Hausdorff distance between pointed metric spaces ( $X, p$ ) and $(Y, q)$ is the infimum of the $\varepsilon>0$ for which there exists a subset $\mathcal{R}$ of $X \times Y$, called a correspondence, such that
(i) the correspondence $\mathcal{R}$ contains the pair ( $p, q$ ),
(ii) for all $x$ in $B\left(p, \varepsilon^{-1}\right)$, there exists $y$ in $Y$ with $(x, y)$ in $\mathcal{R}$,
(iii) for all $y$ in $B\left(q, \varepsilon^{-1}\right)$, there exists $x$ in $X$ with $(x, y)$ in $\mathcal{R}$,
(iv) for all $(x, y)$ and $\left(x^{\prime}, y^{\prime}\right)$ in $\mathcal{R}$, one has $\left|d\left(x, x^{\prime}\right)-d\left(y, y^{\prime}\right)\right| \leq \varepsilon$.

Heuristically, this correspondence $\mathcal{R}$ can be thought of as an $\varepsilon$-rough isometry between these two balls with radius $\varepsilon^{-1}$.

Based on this definition, a sequence $\left(X_{n}, p_{n}\right)$ of pointed metric spaces converges to a pointed metric space $\left(X_{\infty}, p_{\infty}\right)$ if, for all $\varepsilon>0$, there exists $n_{0}$ such that for $n \geq n_{0}$, there exists a map $f_{n}: B\left(p_{n}, \varepsilon^{-1}\right) \rightarrow X_{\infty}$ such that
$(\alpha) d\left(f_{n}\left(p_{n}\right), p_{\infty}\right) \leq \varepsilon$,
( $\beta$ ) $\left|d\left(f_{n}(x), f_{n}\left(x^{\prime}\right)\right)-d\left(x, x^{\prime}\right)\right| \leq \varepsilon$ for all $x, x^{\prime}$ in $B\left(p_{n}, \varepsilon^{-1}\right)$,
$(\gamma)$ the $\varepsilon$-neighborhood of $f_{n}\left(B\left(p_{n}, \varepsilon^{-1}\right)\right)$ contains $B\left(p_{\infty}, \varepsilon^{-1}-\varepsilon\right)$.
Definition 5.3 is only useful for complete metric spaces. Indeed, the Gromov-Hausdorff topology does not distinguish between a metric space and its completion. It does not distinguish either between two pointed metric spaces that are isometric: it is a distance on the set of isometry classes of proper pointed metric spaces. See [7, Theorem 8.1.7].

The following equivalent definition of Gromov-Hausdorff convergence is useful when one wants to get rid of the ambiguity coming from the group of isometries of ( $X_{\infty}, p_{\infty}$ ).

Fact 5.4. Let $\left(X_{n}, p_{n}\right)$, for $n \geq 1$, and $\left(X_{\infty}, p_{\infty}\right)$ be pointed proper metric spaces. The sequence $\left(X_{n}, p_{n}\right)$ converges to $\left(X_{\infty}, p_{\infty}\right)$ if and only if there exists a complete metric space $Z$ containing isometrically all the metric spaces $X_{n}$ and $X_{\infty}$ as disjoint closed subsets, and such that
(a) $p_{n}$ converges to $p_{\infty}$ in $Z$,
(b) $X_{n}$ converges to $X_{\infty}$ in the Hausdorff topology.

Statement (b) means that

- every point $z$ of $X_{\infty}$ is the limit of a sequence $\left(x_{n}\right)_{n \geq 1}$ with $x_{n} \in X_{n}$, - every cluster point $z \in Z$ of a sequence $\left(x_{n}\right)_{n \geq 1}$ with $x_{n} \in X_{n}$ belongs to $X_{\infty}$.

Sketch of proof of Fact 5.4. Assume that $\left(X_{n}, p_{n}\right)$ converges to $\left(X_{\infty}, p_{\infty}\right)$. We want to construct the metric space $Z$. We choose a sequence $\varepsilon_{n} \searrow 0$ and correspondences $\mathcal{R}_{n}$ on $X_{n} \times X_{\infty}$ as in Definition 5.3 with $p=p_{n}, q=p_{\infty}$ and $\varepsilon=\varepsilon_{n}$. This allows us to construct, for every $n \geq 1$, a metric space $Y_{n}$ which is the disjoint union of $X_{n}$ and $X_{\infty}$, which contains isometrically both $X_{n}$ and $X_{\infty}$ and such that the distance between $x$ in $X_{n}$ and $y$ in $X_{\infty}$ is given by

$$
\begin{equation*}
d_{Y_{n}}(x, y)=\inf \left\{d_{X_{n}}\left(x, x^{\prime}\right)+\varepsilon+d_{X_{\infty}}\left(y^{\prime}, y\right)\right\} \tag{5.9}
\end{equation*}
$$

where the infimum is over all pairs ( $x^{\prime}, y^{\prime}$ ) which belong to $\mathcal{R}_{n}$.
The space $Z$ is defined as the disjoint union of all the $X_{n}$ and of $X_{\infty}$. The distance on $Z$ is given on each union $Y_{n}:=X_{n} \cup X_{\infty}$ by (5.9) and the distance between $x$ in $X_{m}$ and $z$ in $X_{n}$ with $m \neq n$ is

$$
\begin{equation*}
d_{Z}(x, z)=\inf \left\{d_{Y_{m}}(x, y)+d_{Y_{n}}(y, z)\right\}, \tag{5.10}
\end{equation*}
$$

where the infimum is over all $y$ in $X_{\infty}$.
Then (a) follows from (i), and (b) follows from (ii)-(iv).
The choice of such isometric embeddings of all $X_{n}$ and $X_{\infty}$ in a fixed metric space $Z$ will be called a realization of Gromov-Hausdorff convergence. Such a realization is not unique. It is useful since it allows us to define the notion of a converging sequence of points $x_{n}$ in $X_{n}$ to a limit $x_{\infty}$ in $X_{\infty}$ by the condition $d_{Z}\left(x_{n}, x_{\infty}\right) \xrightarrow[n \rightarrow \infty]{ } 0$.
5.3.2. Compactness criterion. A fundamental tool in this topic is the following compactness result for uniformly proper pointed metric spaces due to Cheeger-Gromov:

Fact 5.5. Let $\left(X_{n}, p_{n}\right)_{n \geq 1}$ be a sequence of pointed proper metric spaces. Suppose that, for all $R>0$ and $\varepsilon>0$, there exists an integer $N=N(R, \varepsilon)$ such that, for all $n \geq 1$, the ball $B\left(p_{n}, R\right)$ of $X_{n}$ can be covered by $N$ balls of radius $\varepsilon$. Then there exists a subsequence of $\left(X_{n}, p_{n}\right)$ which converges to a proper pointed metric space $\left(X_{\infty}, p_{\infty}\right)$.
For the proof see [7, Theorem 8.1.10].
The following lemma gives a compactness property for sequences of Lipschitz functions between pointed metric spaces.
Lemma 5.6. Let $\left(X_{n}, p_{n}\right)_{n \geq 1}$ and $\left(Y_{n}, q_{n}\right)_{n \geq 1}$ be sequences of pointed proper metric spaces which converge respectively to proper pointed metric spaces $\left(X_{\infty}, p_{\infty}\right)$ and $\left(Y_{\infty}, q_{\infty}\right)$. As in Fact 5.4, we choose metric spaces $Z_{X}$ and $Z_{Y}$ which realize these Gromov-Hausdorff convergences as Hausdorff convergences.

Let $c>1$ and let $\left(f_{n}: X_{n} \rightarrow Y_{n}\right)_{n \geq 1}$ be a sequence of $c$-Lipschitz maps such that $f_{n}\left(p_{n}\right)=q_{n}$. Then there exists a $c$-Lipschitz map $f_{\infty}: X_{\infty} \rightarrow Y_{\infty}$ such that, after extracting a subsequence, the sequence of maps $f_{n}$ converges to $f_{\infty}$. This means that for each sequence $x_{n} \in X_{n}$ which converges to $x_{\infty} \in X_{\infty}$, the sequence $f_{n}\left(x_{n}\right) \in Y_{n}$ converges to $f_{\infty}\left(x_{\infty}\right) \in Y_{\infty}$.

Proof. This follows from basic topological arguments.
First step. We first choose a point $x_{\infty}$ in $X_{\infty}$ and a sequence $x_{n}$ in $X_{n}$ converging to $x_{\infty}$. Since the metric space $Z_{Y}$ is proper and the sequence $f_{n}\left(x_{n}\right)$ is bounded in $Z_{Y}$, we can assume after extracting a subsequence that $f_{n}\left(x_{n}\right)$ converges to a point $y_{\infty} \in Y_{\infty}$. Since the $f_{n}$ are $c$-Lipschitz, this limit $y_{\infty}$ does not depend on the choice of the sequence $x_{n}$ converging to $x_{\infty}$. We define $f_{\infty}\left(x_{\infty}\right):=y_{\infty}$.

Second step. We choose a countable dense subset $S_{\infty} \subset X_{\infty}$ and use Cantor's diagonal argument to ensure that the first step is valid simultaneously for all $x_{\infty}$ in $S_{\infty}$.

Last step. One checks that the limit map $f_{\infty}: S_{\infty} \rightarrow Y_{\infty}$ is $c$-Lipschitz. Hence it extends uniquely as a $c$-Lipschitz map $f_{\infty}: X_{\infty} \rightarrow Y_{\infty}$ and the sequence $f_{n}$ converges locally uniformly to $f_{\infty}$.
5.3.3. Length spaces and Alexandrov spaces. We recall a few well-known definitions (see [7]).

A length space is a complete metric space for which the distance $\delta$ between two points is the infimum of the lengths of curves joining them. When $X$ is proper, any two points at distance $\delta$ can be joined by a curve of length $\delta$. Such a curve is called a geodesic segment.

Let $K \leq 0$. A CAT $(K)$-space or CAT-space with curvature at most $K$ is a length space in which any geodesic triangle $(P, Q, R)$ is thinner than a comparison triangle $(\bar{P}, \bar{Q}, \bar{R})$ in the plane $\bar{X}$ of constant curvature $K$. Let us explain what this means. A comparison triangle is a triangle in $\bar{X}$ with the same side lengths. For every point $P^{\prime}$ on the geodesic segment $[P, Q]$ we denote by $\bar{P}^{\prime}$ the corresponding point on the geodesic segment $[\bar{P}, \bar{Q}]$, i.e. the point such that $d\left(P, P^{\prime}\right)=d\left(\bar{P}, \bar{P}^{\prime}\right)$. Thinner means that always $d\left(P^{\prime}, R\right) \leq d\left(\bar{P}^{\prime}, \bar{R}\right)$. Note that a CAT $(0)$-space is always simply connected (see [6, Corollary II.1.5]). We also recall that in a proper CAT(0)-space, any two points can be joined by a unique geodesic.

Similarly, a metric space with curvature at least $K$ is a length space in which any geodesic triangle $(P, Q, R)$ is thicker than a comparison triangle $(\bar{P}, \bar{Q}, \bar{R})$ in the plane $\bar{X}$ of constant curvature $K$. Thicker means that always $d\left(P^{\prime}, R\right) \geq d\left(\bar{P}^{\prime}, \bar{R}\right)$.

The following proposition tells us that these properties are closed for the GromovHausdorff topology.

Fact 5.7. Let $\left(X_{n}, p_{n}\right)_{n \geq 1}$ and $\left(X_{\infty}, p_{\infty}\right)$ be pointed proper metric spaces. Let $K \leq 0$. Assume that the sequence ( $X_{n}, p_{n}$ ) converges to $\left(X_{\infty}, p_{\infty}\right)$.
(i) If the $X_{n}$ 's are length spaces, then $X_{\infty}$ is also a length space.
(ii) If the $X_{n}$ 's are $\mathrm{CAT}(K)$-spaces, then $X_{\infty}$ is also a $\mathrm{CAT}(K)$-space.
(iii) If the $X_{n}$ 's have curvature at least $K$, then $X_{\infty}$ too.

Proof. For (i), see [7, Theorem 8.1.9]; for (ii), see [6, Corollary II.3.10]; and for (iii), see [7, Theorem 10.7.1].

### 5.4. Hadamard manifolds with $\mathcal{C}^{1}$ metrics

In this subsection we focus on $\mathcal{C}^{2}$ Hadamard manifolds when the Riemannian metric is only assumed to be $\mathcal{C}^{1}$. These Hadamard manifolds will occur in Subsection 5.5 as Gromov-Hausdorff limits of pinched $\mathcal{C}^{\infty}$ Hadamard manifolds.
5.4.1. Definition. We need first to clarify the definitions. We will deal with $\mathcal{C}^{2}$ manifolds $X$. This means that $X$ has a system of charts $x \mapsto\left(x_{1}, \ldots, x_{k}\right)$ into $\mathbb{R}^{k}$ for which the transition functions are of class $\mathcal{C}^{2}$. These manifolds will be endowed with a $\mathcal{C}^{1}$ Riemannian metric $g$. This means that in any $\mathcal{C}^{2}$ chart, the functions $g\left(\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{j}}\right)$ are continuously differentiable.

In general, on such a Riemannian manifold, there might exist two different geodesics which are tangent at some point (see [18] for an example with a $\mathcal{C}^{1, \alpha}$ Riemannian metric). The following lemma tells us that this kind of example will not occur here since we are dealing only with CAT(0)-spaces whose curvature is bounded below. Note that since the metric tensor is not assumed to be twice differentiable, the expression "curvature bounded below" refers to the definitions in Section 5.3.
Definition 5.8. By a $\mathcal{C}^{2}$ Hadamard manifold with a $\mathcal{C}^{1}$ metric, we mean a $\mathcal{C}^{2}$ manifold endowed with a $\mathcal{C}^{1}$ Riemannian metric which is CAT(0) and complete.

### 5.4.2. Exponential map

Lemma 5.9. Let $X$ be a $\mathcal{C}^{2}$ Hadamard manifold with a $\mathcal{C}^{1}$ metric of bounded curvature.
(a) For all $x$ in $X$ and $v$ in $T_{x} X$ there is a unique geodesic $t \mapsto \exp _{x}(t v)$ starting from $x$ at speed $v$. This geodesic is of class $\mathcal{C}^{2}$.
(b) This exponential map induces a homeomorphism $\Psi: T X \xrightarrow{\sim} X \times X$ given by $\Psi(x, v)=\left(x, \exp _{x}(v)\right)$ for $x$ in $X$ and $v$ in $T_{x} X$.
Proof. This lemma looks very familiar. But, since the Christoffel coefficients might not be Lipschitz continuous, we cannot apply the Cauchy-Lipschitz theorem on existence and uniqueness of solutions of differential equations.
(a) Since the Christoffel coefficients are continuous, we can apply the Peano-Arzelà theorem. It tells us that there exists at least one geodesic of class $\mathcal{C}^{2}$ starting from $x$ at speed $v$. Uniqueness follows from the lower bound on the curvature.
(b) Since $X$ is CAT(0), the map $\Psi$ is a bijection. Since a uniform limit of geodesics on $X$ is also a geodesic, the map $\Psi$ is continuous. This map $\Psi$ is also proper, so it is a homeomorphism.
5.4.3. Geodesic interpolation of $h_{0}$ and $h_{1}$. In the rest of this section we prove a few technical properties of the interpolation $h_{t}$ of two equidistant Lipschitz maps $h_{0}$ and $h_{1}$ with values in a Hadamard manifold (Lemma 5.10). In Section 5.8, we will apply this lemma to two equidistant harmonic maps $h_{0}$ and $h_{1}$ obtained by a limit process. Lemma 5.10 will be used to compare the energy of $h_{0}$ and $h_{1}$ with the energy of some small perturbations of $h_{0}$ and $h_{1}$. However, in Section 5.4, we do not need to assume that $h_{0}$ and $h_{1}$ are harmonic. Here are the precise assumptions and notations for Lemma 5.10.

Let $X$ be a $\mathcal{C}^{2}$ Riemannian manifold with $\mathcal{C}^{1}$ metric and $Y$ be a $\mathcal{C}^{2}$ Hadamard manifold with $\mathcal{C}^{1}$ metric. Let $h_{0}, h_{1}: X \rightarrow Y$ be $\mathcal{C}^{1}$ maps such that

$$
\begin{equation*}
d\left(h_{0}(x), h_{1}(x)\right)=1 \quad \text { for all } x \text { in } X \tag{5.11}
\end{equation*}
$$

Since $Y$ is a Hadamard manifold, there exists a unique map

$$
\begin{equation*}
h:[0,1] \times X \rightarrow Y, \quad(t, x) \mapsto h(t, x)=h_{t}(x), \tag{5.12}
\end{equation*}
$$

such that, for all $x$ in $X$, the path $t \mapsto h_{t}(x)$ is the unit-speed geodesic joining $h_{0}(x)$ and $h_{1}(x)$. This map $h$ is called the geodesic interpolation of $h_{0}$ and $h_{1}$. By convexity of the distance function, $h$ is Lipschitz continuous. Therefore, by Rademacher's theorem, the map $h$ is differentiable on a subset of full measure (with respect to the Riemannian measure on $X$ ). In particular, there exists a subset $X^{\prime} \subset X$ of full measure such that, for all $x$ in $X^{\prime}$, the map $h$ is differentiable at $(x, t)$ for almost all $t$ in [ 0,1$]$. In particular, for all tangent vectors $V \in T_{x} X$ at a point $x \in X^{\prime}$, the derivative

$$
\begin{equation*}
t \mapsto J_{V}(t):=D_{x} h_{t}(V) \in T_{h_{t}(x)} Y \tag{5.13}
\end{equation*}
$$

is well-defined for almost all $t$ in $[0,1]$. Such a measurable vector field $J_{V}$ on the geodesic $t \mapsto h_{t}(x)$ will be called a Jacobi field. We denote by

$$
\begin{equation*}
t \mapsto \tau_{x}(t):=\partial_{t} h_{t}(x) \in T_{h_{t}(x)} Y \tag{5.14}
\end{equation*}
$$

the unit tangent vector to the geodesic $t \mapsto h_{t}(x)$.
Lemma 5.10. We keep the above assumptions and notations. Let $x \in X^{\prime}$ and $V \in T_{x} X$.
(a) There exists a constant $\alpha_{V} \in \mathbb{R}$ such that

$$
\begin{equation*}
\left\langle J_{V}(t), \tau_{x}(t)\right\rangle=\alpha_{V} \quad \text { for all } t \text { in }[0,1] \text { where } J_{V}(t) \text { is defined. } \tag{5.15}
\end{equation*}
$$

(b) There exists a convex function $t \mapsto \varphi_{V}(t)$ on $[0,1]$ such that

$$
\begin{equation*}
\varphi_{V}(t)=\left\|J_{V}(t)\right\| \quad \text { for all } t \text { in }[0,1] \text { where } J_{V}(t) \text { is defined. } \tag{5.16}
\end{equation*}
$$

(c) The function $\psi_{V}:=\left(\varphi_{V}^{2}-\alpha_{V}^{2}\right)^{1 / 2}$ is also convex on $[0,1]$.

Proof. When $Y$ is a $\mathcal{C}^{\infty}$ Hadamard manifold, the vector field $J_{V}$ is a classical Jacobi field and this lemma is well-known. Indeed, $\psi_{V}$ is the norm of the orthogonal component $K_{V}$ of the Jacobi field $J_{V}$, and (5.12) follows from the Jacobi equation satisfied by $K_{V}$. We now explain how to adapt the classical proof when $Y$ is only assumed to be a $\mathcal{C}^{2}$ Hadamard manifold with a $\mathcal{C}^{1}$ metric.
(a) Since $t \mapsto h_{t}(x)$ is a unit-speed geodesic, one has $d\left(h_{s}(x), h_{t}(x)\right)=|t-s|$ for all $s, t$ in $[0,1]$. Differentiating this equality gives, when $J_{V}(s)$ and $J_{V}(t)$ are defined,

$$
\left\langle J_{V}(s), \tau_{x}(s)\right\rangle=\left\langle J_{V}(t), \tau_{x}(t)\right\rangle .
$$

Hence this scalar product is almost surely constant.
(b) Let $c:\left[-\varepsilon_{0}, \varepsilon_{0}\right] \rightarrow X$ be a $\mathcal{C}^{1}$ curve with $c(0)=x$ and $\partial_{s} c(0)=V$. Since the space $Y$ is $\operatorname{CAT}(0)$, when $s>0$ the functions

$$
t \mapsto \varphi_{s}(t):=\frac{1}{s} d\left(h_{t}(c(0)), h_{t}(c(s))\right.
$$

are convex on $[0,1]$. The set $S_{V}:=\left\{t \in[0,1] \mid J_{V}(t)\right.$ is defined $\}$ has full measure and contains the endpoints 0 and 1 . For all $t$ in $S_{V}$, one can compute the $\operatorname{limit}^{\lim }{ }_{s \rightarrow 0} \varphi_{s}(t)=$ $\left\|J_{V}(t)\right\|$. Since the functions $\varphi_{s}$ are convex, the limit $\varphi_{V}(t):=\lim _{s \rightarrow 0} \varphi_{s}(t)$ exists for all $t$ in $[0,1]$ and is a convex function.
(c) We slightly change the parametrization of the geodesic interpolation: the function $k:(t, s) \mapsto k_{t}(s):=h_{t-s \alpha_{V}}(c(s))$ is well-defined when $t-s \alpha_{V}$ is in [0, 1], and the paths $t \mapsto k_{t}(s)$ are also unit-speed geodesics. Hence, for almost all $t$ in [0, 1], the vector field

$$
\begin{equation*}
t \mapsto K_{V}(t):=\partial_{s} k_{t}(0) \in T_{k_{t}(0)} Y \tag{5.17}
\end{equation*}
$$

is well-defined and one has the orthogonal decomposition

$$
J_{V}(t)=K_{V}(t)+\alpha_{V} \tau_{x}(t)
$$

In particular,

$$
\begin{equation*}
\psi_{V}(t)=\left\|K_{V}(t)\right\| . \tag{5.18}
\end{equation*}
$$

The same argument as in (b) with the Jacobi field $K_{V}$ proves that $\psi_{V}$ is also convex.
5.4.4. Geodesic interpolation in negative curvature. Lemma 5.11 below improves Lemma 5.10 when the curvature of $Y$ is uniformly negative. Indeed, it tells us that the norm $t \mapsto \psi_{V}(t)$ of the Jacobi field $K_{V}$ is uniformly convex.

Lemma 5.11. We keep the assumptions and notations of Lemma 5.10. Moreover, assume that $Y$ is a $\operatorname{CAT}\left(-a^{2}\right)$-space with $a>0$. Then the function $\psi_{V}$ has the following uniform convexity property:

$$
\begin{equation*}
\psi_{V}(t) \leq \frac{\sinh (a(1-t))}{\sinh (a)} \psi_{V}(0)+\frac{\sinh (a t)}{\sinh (a)} \psi_{V}(1) \quad \text { for all } t \text { in }[0,1] . \tag{5.19}
\end{equation*}
$$

Remark 5.12. One can reformulate (5.19) as the following inequality between positive measures:

$$
\frac{d^{2}}{d t^{2}} \psi_{V} \geq a^{2} \psi_{V}
$$

Proof of Lemma 5.11. The inequality (5.19) will follow from an upper bound for the norm of the Jacobi field $t \mapsto K_{V}(t)$ by the norm of a well-chosen Jacobi field $t \mapsto \bar{K}(t)$ along a geodesic segment in the hyperbolic plane of curvature $-a^{2}$. Here are the details of the construction of $\bar{K}$.

Using a slight rescaling, we can assume without loss of generality that the geodesics $t \mapsto k_{t}(s)$ are defined for $t$ in $[0,1]$ and that the Jacobi field $K_{V}(t)$ is well-defined for $t=0$ and for $t=1$. We choose $s>0$. Later on we will let $s$ go to 0 . We set $P_{t}:=k_{t}(0)$ and $Q_{s, t}:=k_{t}(s)$, and we apply Reshetnyak's Lemma 5.13 below to the four points $P_{0}$, $P_{1}, Q_{s, 1}, Q_{s, 0}$. According to that lemma, there exists a convex quadrilateral $\bar{C}_{s}$ in the hyperbolic plane $\bar{Y}$ of curvature $-a^{2}$ with vertices $\bar{P}_{0}, \bar{P}_{1}, \bar{Q}_{s, 1}, \bar{Q}_{s, 0}$, and a 1-Lipschitz map $j: \bar{C}_{s} \rightarrow Y$ whose restriction to each of the four geodesic sides $\bar{P}_{0} \bar{P}_{1}, \bar{P}_{1} \bar{Q}_{s, 1}$,
$\bar{Q}_{s, 1} \bar{Q}_{s, 0}, \bar{Q}_{s, 0} \bar{P}_{0}$ is an isometry onto each of the four geodesic segments $P_{0} P_{1}, P_{1} Q_{s, 1}$, $Q_{s, 1} Q_{s, 0}, Q_{s, 0} P_{0}$. Indeed, since $d\left(\bar{P}_{0}, \bar{P}_{1}\right)=1$, we can assume that the vertices $\bar{P}_{0}$ and $\bar{P}_{1}$ do not depend on $s$ and that the quadrilateral $\bar{C}_{s}$ is positively oriented.

Since the vectors $K_{V}(0)$ and $K_{V}(1)$ are orthogonal to the geodesic segment $t \mapsto k_{t}(0)$, by Lemma 5.9 each of the four successive angles $\theta_{i}$ (for $i=1, \ldots, 4$ ) between the four successive geodesic segments $P_{0} P_{1}, P_{1} Q_{s, 1}, Q_{s, 1} Q_{s, 0}, Q_{s, 0} P_{0}$ in $Y$ is equal to $\pi / 2+o(1)$, where $o(1)$ goes to 0 when $s$ goes to 0 . Since $j$ is 1 -Lipschitz, each of the corresponding angles $\bar{\theta}_{i}$ between the geodesic sides $\bar{P}_{0} \bar{P}_{1}, \bar{P}_{1} \bar{Q}_{s, 1}, \bar{Q}_{s, 1} \bar{Q}_{s, 0}, \bar{Q}_{s, 0} \bar{P}_{0}$ in the hyperbolic plane $\bar{Y}$ is no smaller than $\theta_{i}$. Since the sum of the angles $\bar{\theta}_{i}$ is bounded above by $2 \pi$, each of them also satisfies, when $s$ goes to 0 ,

$$
\begin{equation*}
\bar{\theta}_{i}=\pi / 2+o(1) \tag{5.20}
\end{equation*}
$$

Denote by $t \mapsto \bar{P}_{t}$ and $t \mapsto \bar{Q}_{s, t}$ the unit-speed parametrizations of the sides $\bar{P}_{0} \bar{P}_{1}$ and $\bar{Q}_{0} \bar{Q}_{1}$. For $t$ in [0, 1], one has $j\left(\bar{P}_{t}\right)=P_{t}$ and $j\left(\bar{Q}_{s, t}\right)=Q_{s, t}$, and also

$$
\begin{equation*}
d\left(P_{t}, Q_{s, t}\right) \leq d\left(\bar{P}_{t}, \bar{Q}_{s, t}\right) \tag{5.21}
\end{equation*}
$$

with equality when $t=0$ or 1 :

$$
\begin{equation*}
d\left(P_{0}, Q_{s, 0}\right)=d\left(\bar{P}_{0}, \bar{Q}_{s, 0}\right) \quad \text { and } \quad d\left(P_{1}, Q_{s, 1}\right)=d\left(\bar{P}_{1}, \bar{Q}_{s, 1}\right) \tag{5.22}
\end{equation*}
$$

We now focus on these convex quadrilaterals $\bar{C}_{s}$ in the hyperbolic plane $\bar{Y}$ of curvature $-a^{2}$. We write $\bar{Q}_{s, t}=\exp _{\bar{P}_{t}}\left(s \bar{K}_{s, t}\right)$ where $\bar{K}_{s, t}$ belongs to $T_{\bar{P}_{t}} \bar{Y}$. Since $K_{V}(0)$ and $K_{V}(1)$ are well-defined, by (5.17), (5.18), (5.20) and (5.22) the limits

$$
\bar{K}(0)=\lim _{s \rightarrow 0} \bar{K}_{s, 0} \quad \text { and } \quad \bar{K}(0)=\lim _{s \rightarrow 0} \bar{K}_{s, 1}
$$

exist and satisfy

$$
\begin{equation*}
\|\bar{K}(0)\|=\psi_{V}(0) \quad \text { and } \quad\|\bar{K}(1)\|=\psi_{V}(1) \tag{5.23}
\end{equation*}
$$

Therefore, the limit

$$
\bar{K}(t)=\lim _{s \rightarrow 0} \bar{K}_{s, t}
$$

exists for all $t$ in $[0,1]$. Moreover, by (5.17), (5.18) and (5.21),

$$
\begin{equation*}
\psi_{V}(t) \leq\|\bar{K}(t)\| . \tag{5.24}
\end{equation*}
$$

Since $t \mapsto \bar{K}(t)$ is a Jacobi field along the geodesic segment $t \mapsto \bar{P}_{t}$, which is orthogonal to the tangent vector, its norm

$$
\bar{\psi}(t):=\|\bar{K}(t)\|
$$

satisfies the Jacobi differential equation

$$
\frac{d^{2}}{d t^{2}} \bar{\psi}=a^{2} \bar{\psi}
$$

Hence,

$$
\begin{equation*}
\bar{\psi}(t)=\frac{\sinh (a(1-t))}{\sinh (a)} \bar{\psi}(0)+\frac{\sinh (a t)}{\sinh (a)} \bar{\psi}(1) \quad \text { for all } t \text { in }[0,1] . \tag{5.25}
\end{equation*}
$$

We now deduce (5.19) directly from (5.23)-(5.25).

We have used the following existence result for a majorizing quadrilateral, due to Reshetnyak [34]. More precisely we have used the boundary of the majorizing quadrilateral $\bar{C}$.

Lemma 5.13. Let $Y$ be a $\operatorname{CAT}\left(-a^{2}\right)$-space and $\bar{Y}$ be the hyperbolic plane of curvature $-a^{2}$. Then, for any four points $P_{0}, P_{1}, Q_{1}, Q_{0}$ in $Y$ there exists a convex quadrilateral $\bar{C}$ in $\bar{Y}$ with vertices $\bar{P}_{0}, \bar{P}_{1}, \bar{Q}_{1}, \bar{Q}_{0}$ and a 1-Lipschitz map $j: \bar{C} \rightarrow Y$ which is an isometry on each of the four geodesic sides of $\bar{C}$, and which sends each of these four vertices $\bar{R}_{i}$ to the corresponding given point $R_{i}$ in $Y$.

### 5.5. Limits of Hadamard manifolds

In this subsection we describe the Gromov-Hausdorff limits of pinched Hadamard manifolds.

The following proposition is a variation on the Cheeger compactness theorem.
Proposition 5.14. Let $\left(X_{n}, p_{n}\right)_{n \geq 1}$ be a sequence of $k$-dimensional pointed Hadamard manifolds with pinched curvature $-1 \leq K_{X_{n}} \leq-a^{2} \leq 0$.
(a) There exists a subsequence of $\left(X_{n}, p_{n}\right)$ which converges to a pointed proper CATspace $\left(X_{\infty}, p_{\infty}\right)$ with curvature between -1 and $-a^{2}$.
(b) The space $X_{\infty}$ has the structure of a $\mathcal{C}^{2}$ Hadamard manifold such that the distance on $X_{\infty}$ comes from a $\mathcal{C}^{1}$ Riemannian metric.

The same proof shows that $X_{\infty}$ has the structure of a $\mathcal{C}^{2, \alpha}$ Hadamard manifold with a $\mathcal{C}^{1, \alpha}$ Riemannian metric, for every $0<\alpha<1$. We will not use this improvement.

Even though this proposition follows from [33, Theorem 72, p. 311], we give a sketch of proof below.

Proof of Proposition 5.14. (a) The assumption on the curvature of $X_{n}$ ensures that for each $R>0$, one has uniform estimates for the volumes of balls with radius $R$ in $X_{n}$ : for all $n \geq 1$ and $x$ in $X_{n}$, one has

$$
\operatorname{vol}\left(B_{\mathbb{R}^{k}}(O, R)\right) \leq \operatorname{vol}\left(B_{X_{n}}(x, R)\right) \leq \operatorname{vol}\left(B_{\mathbb{H}^{k}}(O, R)\right) .
$$

Therefore, for each $0<\varepsilon<R$, there exists an integer $N=N(R, \varepsilon)$ such that every ball $B_{X_{n}}\left(p_{n}, R\right)$ can be covered by $N$ balls of radius $\varepsilon$. Hence, according to Fact 5.5, there exists a subsequence of $\left(X_{n}, p_{n}\right)$ which converges to a proper pointed metric space $\left(X_{\infty}, p_{\infty}\right)$. According to Fact 5.7, $X_{\infty}$ is a CAT-space with curvature between -1 and $-a^{2}$.
(b) It remains to check that $X_{\infty}$ is a $\mathcal{C}^{2}$ manifold with a $\mathcal{C}^{1}$ Riemannian metric. We isometrically imbed the converging sequence $\left(X_{n}, p_{n}\right)$ in a proper metric space $Z$ as in Fact 5.4. We fix $r_{0}, c_{0}>0$ as in Lemma 5.2 where we introduced the harmonic coordinates, and we choose a maximal $\frac{r_{0}}{2 c_{0}}$-separated subset $S_{\infty}$ of $X_{\infty}$. For each $x_{\infty}$ in $S_{\infty}$, we choose a sequence $x_{n}$ of points in $X_{n}$ that converges to $x_{\infty}$. By (5.3), the harmonic charts

$$
\begin{equation*}
\Psi_{x_{n}}: \stackrel{\circ}{B}\left(x_{n}, r_{0} / c_{0}\right) \rightarrow \mathbb{R}^{k} \tag{5.26}
\end{equation*}
$$

are uniformly bi-Lipschitz. More precisely, for all $z, z^{\prime}$ in $\stackrel{\circ}{B}\left(x_{n}, r_{0} / c_{0}\right)$,

$$
c_{0}^{-1} d\left(z, z^{\prime}\right) \leq\left\|\Psi_{x_{n}}(z)-\Psi_{x_{n}}\left(z^{\prime}\right)\right\| \leq c_{0} d\left(z, z^{\prime}\right)
$$

Hence after extracting a subsequence, $\Psi_{x_{n}}$ converges to a bi-Lipschitz map

$$
\begin{equation*}
\Psi_{x_{\infty}}: \stackrel{B}{B}\left(x_{\infty}, r_{0} / c_{0}\right) \rightarrow \mathbb{R}^{k} \tag{5.27}
\end{equation*}
$$

The extraction can be done simultaneously for all the points $x_{\infty}$ in the countable set $S_{\infty}$. The collection of maps $\Psi_{x_{\infty}}$ endows $X_{\infty}$ with the structure of a Lipschitz manifold.

We now prove that $X_{\infty}$ is a $\mathcal{C}^{2}$ manifold. Indeed, we will check that, for any $x_{\infty}$ and $x_{\infty}^{\prime}$ in $S_{\infty}$, the transition functions $\Phi_{x_{\infty}^{\prime}} \circ \Phi_{x_{\infty}}^{-1}$ are of class $\mathcal{C}^{2}$. This just follows from the fact that these functions are uniform limits on compact sets of the transition functions $\Phi_{x_{n}^{\prime}} \circ \Phi_{x_{n}}^{-1}$ which are, by (5.7), uniformly bounded in the $\mathcal{C}^{2, \alpha}$-norm.

Finally, we check that the distance $d$ on $X_{\infty}$ comes from a $\mathcal{C}^{1}$ Riemannian metric on $X_{\infty}$. By (5.8), the Riemannian metrics $\left(g_{n}\right)_{i j}$ on $X_{n}$, seen as functions in the charts $\Psi_{x_{n}}$ of $X_{n}$, are uniformly bounded in the $\mathcal{C}^{1, \alpha}$-norm. Extracting again a subsequence, there exists a $\mathcal{C}^{1}$ Riemannian metric $\left(g_{\infty}\right)_{i j}$ in the charts $\Psi_{x_{\infty}}$ of $X_{\infty}$ such that

$$
\begin{equation*}
\left(g_{n}\right)_{i j} \text { converges to }\left(g_{\infty}\right)_{i j} \text { in the } \mathcal{C}^{1} \text { topology. } \tag{5.28}
\end{equation*}
$$

Let $d_{\infty}$ be the distance on $X_{\infty}$ associated with $g_{\infty}$. We check that $d_{\infty}=d$ on $X_{\infty}$. Let $x_{\infty}^{\prime}$ and $x_{\infty}^{\prime \prime}$ be points in $X_{\infty}$. They are limits of points $x_{n}^{\prime}$ and $x_{n}^{\prime \prime}$ in $X_{n}$. Let $c_{n}$ be the geodesic segment joining $x_{n}^{\prime}$ to $x_{n}^{\prime \prime}$. Extracting once more a subsequence, we find that the curves $c_{n}$ converge uniformly to a curve joining $x_{\infty}^{\prime}$ and $x_{\infty}^{\prime \prime}$. This curve must be a geodesic for $g_{\infty}$. This proves that $d_{\infty}\left(x_{\infty}^{\prime}, x_{\infty}^{\prime \prime}\right)=d\left(x_{\infty}^{\prime}, x_{\infty}^{\prime \prime}\right)$.

### 5.6. Convergence of harmonic maps

We now explain how to obtain the limit harmonic maps.
We first notice that we can extend Definition 3.2: A $\mathcal{C}^{2}$ map $h: X \rightarrow Y$ between $\mathcal{C}^{2}$ Riemannian manifolds with $\mathcal{C}^{1}$ metrics $X$ and $Y$ is said to be harmonic if its tension field is zero, $\tau(h):=\operatorname{tr}\left(D^{2} h\right)=0$. Indeed, the tension field of a $\mathcal{C}^{2}$ map $h$ at a point $x$ depends only on the 2-jet of $h$ and on the 1-jet of the metrics of $X$ and $Y$ at $x$ and $h(x)$. More precisely, if we write $h$ in a coordinate system, $h:\left(x_{1}, \ldots, x_{k}\right) \mapsto\left(h_{1}, \ldots, h_{k^{\prime}}\right)$, the equation $\operatorname{tr} D^{2} h=0$ reads

$$
\begin{equation*}
\Delta h_{\lambda}=-\sum_{i j \mu \nu} g^{i j} \Gamma_{\mu \nu}^{\lambda} \frac{\partial h_{\mu}}{\partial x_{i}} \frac{\partial h_{v}}{\partial x_{j}} \quad\left(\lambda \leq k^{\prime}\right) \tag{5.29}
\end{equation*}
$$

where $\Gamma_{\mu \nu}^{\lambda}$ are the Christoffel coefficients on $Y$ and where $\Delta$ is the Laplace operator on $X$ defined as in (3.1):

$$
\begin{equation*}
\Delta: \varphi \mapsto \frac{1}{v} \frac{\partial}{\partial x_{i}}\left(v g^{i j} \frac{\partial \varphi}{\partial x_{j}}\right) \tag{5.30}
\end{equation*}
$$

where $v=\sqrt{\operatorname{det}\left(g_{i j}\right)}$ denotes the volume density on $X$. See [19, Section 1.3] for more details.

Lemma 5.15. Let $\left(X_{n}, p_{n}\right)_{n \geq 1}$ and $\left(Y_{n}, q_{n}\right)_{n \geq 1}$ be sequences of equidimensional pointed Hadamard manifolds with curvature between -1 and 0 . Let $c, C>0$ and let $h_{n}: X_{n} \rightarrow Y_{n}$ be a sequence of ( $c, C$ )-quasi-isometric harmonic maps such that $\sup _{n} d\left(h_{n}\left(p_{n}\right), q_{n}\right)<\infty$. After extracting a subsequence, the sequences of pointed metric spaces $\left(X_{n}, p_{n}\right)$ and $\left(Y_{n}, q_{n}\right)$ converge respectively to pointed $\mathcal{C}^{2}$ manifolds with $\mathcal{C}^{1}$ Riemannian metrics $\left(X_{\infty}, p_{\infty}\right)$ and $\left(Y_{\infty}, q_{\infty}\right)$, and $h_{n}$ converges to a $c$-quasi-isometric map $h_{\infty}: X_{\infty} \rightarrow Y_{\infty}$. The map $h_{\infty}$ is of class $\mathcal{C}^{2}$ and is harmonic.

Proof. Being harmonic, the maps $h_{n}$ are $\mathcal{C}^{\infty}$. Since they are also ( $c, C$ )-quasi-isometric, according to Cheng's Lemma 3.4 there exists some constant $C^{\prime}>0$ such that the maps $h_{n}$ are $C^{\prime}$-Lipschitz. The first two statements then follow from Proposition 5.14 and Lemma 5.6.

It remains to show that the limit map $h_{\infty}$ is of class $\mathcal{C}^{2}$ and harmonic. The key point will be a uniform bound for the $\mathcal{C}^{2, \alpha}$-norm of $h_{n}$ in suitable harmonic coordinates. Let $k:=\operatorname{dim} X_{n}$ and $k^{\prime}:=\operatorname{dim} Y_{n}$. Let $x_{\infty}$ be a point in $X_{\infty}$ and $y_{\infty}:=h_{\infty}\left(x_{\infty}\right)$. Let $x_{n}$ be a sequence in $X_{n}$ converging to $x_{\infty}$ and let $y_{n}:=h_{n}\left(x_{n}\right)$.

We look at the maps $h_{n}$ through the harmonic charts $\Psi_{x_{n}}$ of $X_{n}$ and $\Psi_{y_{n}}$ of $Y_{n}$ as in (5.26). By (5.27), these charts converge respectively to charts $\Psi_{x_{\infty}}$ of $X_{\infty}$ and $\Psi_{y_{\infty}}$ of $Y_{\infty}$. By (5.28), in these charts, the Riemannian metrics of $X_{n}$ and $Y_{n}$ converge to the Riemannian metrics of $X_{\infty}$ and $Y_{\infty}$ in the $\mathcal{C}^{1, \alpha}$-norm.

Let $0<\alpha<1$. Writing (5.29) for $h=h_{n}$ in these harmonic coordinates on a small open ball $\Omega:=\stackrel{\circ}{B}\left(0, \frac{r_{0}}{c_{0} C^{\prime}}\right)$ of $\mathbb{R}^{k}$ that does not depend on $n$, one gets

$$
\begin{equation*}
\sum_{i j} g^{i j} \frac{\partial^{2} h_{\lambda}}{\partial z_{i} \partial z_{j}}=-\sum_{i j \mu \nu} g^{i j} \Gamma_{\mu \nu}^{\lambda} \frac{\partial h_{\mu}}{\partial z_{i}} \frac{\partial h_{\nu}}{\partial z_{j}} . \tag{5.31}
\end{equation*}
$$

The coefficients of this equation depend on $n$, but Lemma 5.2 ensures that they are uniformly bounded in the $\mathcal{C}^{\alpha}$-norm. The Schauder estimates for functions $u$ on $\Omega$ and compact subsets $K$ of $\Omega$ as in [33, Theorem 70, p. 303] thus tell us that

$$
\begin{align*}
& \|u\|_{\mathcal{C}^{1, \alpha}, K} \leq M\left(\|\Delta u\|_{\mathcal{C}^{0}, \Omega}+\|u\|_{\mathcal{C}^{\alpha}, \Omega}\right)  \tag{5.32}\\
& \|u\|_{\mathcal{C}^{2, \alpha}, K} \leq M\left(\|\Delta u\|_{\mathcal{C}^{\alpha}, \Omega}+\|u\|_{\mathcal{C}^{\alpha}, \Omega}\right. \tag{5.33}
\end{align*},
$$

for some constant $M=M(k, \Omega, K)$. Therefore, since the maps $h_{n}$ are $C^{\prime}$-Lipschitz, combining (5.29), (5.32) and (5.33) yields a uniform bound for the $\mathcal{C}^{2, \alpha}$-norm of the maps $h_{n}$. Hence the Ascoli lemma ensures that, after extracting a subsequence, $h_{n}$ converges to a $\mathcal{C}^{2}$ map in the $\mathcal{C}^{2}$ topology. This proves that the limit map $h_{\infty}$ is $\mathcal{C}^{2}$ and is harmonic.

### 5.7. Construction of the limit equidistant harmonic maps

We now explain why the limit harmonic maps $h_{0, \infty}$ and $h_{1, \infty}$ constructed in the strategy of Proposition 5.1 are equidistant.

We first sum up the construction of these limit maps.
We start with two Hadamard manifolds $X, Y$ of bounded curvature, and with two distinct quasi-isometric harmonic maps $h_{0}, h_{1}: X \rightarrow Y$ such that $\delta:=d\left(h_{0}, h_{1}\right)$ is finite and non-zero. We choose a sequence of points $p_{n}$ in $X$ such that $d\left(h_{0}\left(p_{n}\right), h_{1}\left(p_{n}\right)\right)$ con-
verges to $\delta$ and we set $q_{0, n}:=h_{0}\left(p_{n}\right)$ and $q_{1, n}:=h_{1}\left(p_{n}\right)$. We will frequently replace this sequence by subsequences without mentioning it. By Proposition 5.14, there exist $\mathcal{C}^{2}$ Hadamard manifolds with $\mathcal{C}^{1}$ metrics $\left(X_{\infty}, p_{\infty}\right)$ and $\left(Y_{\infty}, q_{0, \infty}\right)$ which are the GromovHausdorff limits of the pointed metric spaces $\left(X, p_{n}\right)$ and $\left(Y, q_{0, n}\right)$. These limit Hadamard manifolds also have bounded curvature. We denote by $q_{1, \infty}$ the limit in $Y_{\infty}$ of the sequence $q_{1, n}$. By the Cheng Lemma 3.4, the harmonic quasi-isometric maps $h_{0}$ and $h_{1}$ are Lipschitz continuous. By Lemma 5.6, there exists a limit map $h_{0, \infty}:\left(X_{\infty}, p_{\infty}\right) \rightarrow$ $\left(Y_{\infty}, q_{0, \infty}\right)$ of the sequence of Lipschitz continuous maps $h_{0}:\left(X, p_{n}\right) \rightarrow\left(Y, q_{0, n}\right)$. There also exists a limit map $h_{1, \infty}:\left(X_{\infty}, p_{\infty}\right) \rightarrow\left(Y_{\infty}, q_{1, \infty}\right)$ of the sequence of Lipschitz continuous maps $h_{1}:\left(X, p_{n}\right) \rightarrow\left(Y, q_{1, n}\right)$. By Lemma 5.15, these limit maps $h_{0, \infty}$ and $h_{1, \infty}$ are still harmonic quasi-isometric maps.

Lemma 5.16. With the above notation, the two limit harmonic quasi-isometric maps $h_{0, \infty}, h_{1, \infty}$ are equidistant. More precisely, for all $x$ in $X_{\infty}$, one has $d\left(h_{0, \infty}(x), h_{1, \infty}(x)\right)$ $=\delta>0$ where $\delta:=d\left(h_{0}, h_{1}\right)$.

We will apply this lemma to two pinched Hadamard manifolds $X, Y$. In this case, the limit $\mathcal{C}^{2}$ Hadamard manifolds $X_{\infty}, Y_{\infty}$ will also be pinched.

Proof of Lemma 5.16. Let $\Delta_{\infty}$ be the Laplace operator on $X_{\infty}$ defined as in (5.30). We first check that the function $\varphi_{\infty}: x \mapsto d\left(h_{0, \infty}(x), h_{1, \infty}(x)\right)$ is subharmonic on $X_{\infty}$. This means that $\Delta_{\infty} \varphi_{\infty}$ is a positive measure on $X_{\infty}$. Assume first that the Riemannian metric on $Y_{\infty}$ is $\mathcal{C}^{\infty}$. In this case, $\varphi_{\infty}$ is the composition of a harmonic map $h=\left(h_{0}, h_{1}\right)$ : $X_{\infty} \rightarrow Y_{\infty} \times Y_{\infty}$ and of a convex $\mathcal{C}^{\infty}$ function $F=d: Y_{\infty} \times Y_{\infty} \rightarrow \mathbb{R}$, so that the function $\varphi_{\infty}$ is subharmonic on $X_{\infty}$ because of the formula

$$
\Delta_{\infty}(F \circ h)=\sum_{i=1}^{k} D^{2} F\left(D_{e_{i}} h, D_{e_{i}} h\right)+\langle D F, \tau(h)\rangle
$$

where $\left(e_{i}\right)_{i=1}^{k}$ is an orthonormal basis of the tangent space to $X$.
Since the Riemannian metric on $Y$ might not be of class $\mathcal{C}^{\infty}$, we will use instead a limit argument. We fix a point $x_{\infty}$ in $X_{\infty}$. In a chart $\left(x_{1}, \ldots, x_{k}\right)$, the Laplace operator $\Delta_{\infty}$ of the Riemannian metric $\left(g_{\infty}\right)_{i j}$ of $X_{\infty}$ reads

$$
\begin{equation*}
\psi \mapsto \Delta_{\infty} \psi=\frac{1}{v_{\infty}} \frac{\partial}{\partial x_{i}}\left(v_{\infty} g_{\infty}^{i j} \frac{\partial \psi}{\partial x_{j}}\right) \tag{5.34}
\end{equation*}
$$

where $v_{\infty}$ is the volume density. We want to prove that for every $\mathcal{C}^{2}$ function $\psi \geq 0$ with compact support in a small neighborhood of $x_{\infty}$, one has

$$
\begin{equation*}
\int_{\mathbb{R}^{k}} \varphi_{\infty} \Delta_{\infty} \psi v_{\infty} \mathrm{d} x \geq 0 \tag{5.35}
\end{equation*}
$$

The function $\varphi_{\infty}$ on the pointed metric space $\left(X_{\infty}, p_{\infty}\right)$ is equal to the limit of the sequence of functions $\varphi_{n}: x \mapsto d\left(h_{0}(x), h_{1}(x)\right)$ on the pointed metric spaces $\left(X, p_{n}\right)$, as defined in Lemma 5.6. Note that the dependence on $n$ comes from the base point $p_{n}$
which varies with $n$. We choose a sequence $x_{n}$ in $X_{n}$ converging to $x_{\infty}$. As in the proof of Lemma 5.15, we look at the functions $\varphi_{n}$ through the harmonic charts $\Psi_{x_{n}}$ of $X_{n}$. By (5.27), these charts converge to a chart $\Psi_{x_{\infty}}$ of $X_{\infty}$. By (5.28), in these charts ( $x_{1}, \ldots, x_{k}$ ) the Riemannian metrics $\left(g_{n}\right)_{i j}$ of $X_{n}$ converge to the Riemannian metric $\left(g_{\infty}\right)_{i j}$ of $X_{\infty}$ in the $\mathcal{C}^{1}$ topology.

Since, by the above argument, the functions $\varphi_{n}$ are subharmonic for the metric $\left(g_{n}\right)_{i j}$, for every $\mathcal{C}^{2}$ function $\psi \geq 0$ with compact support in these charts one has, at each step $n$,

$$
\begin{equation*}
\int \varphi_{n} \Delta_{n} \psi v_{n} \mathrm{~d} x \geq 0 \tag{5.36}
\end{equation*}
$$

where $\Delta_{n}$ and $v_{n}$ are the Laplace operator and the volume density of the metric $\left(g_{n}\right)_{i j}$. Letting $n$ go to $\infty$ in (5.36) gives (5.35). This proves that the function $\varphi_{\infty}$ is subharmonic.

By construction, this subharmonic function $\varphi_{\infty}$ on $X_{\infty}$ achieves its maximum $\delta>0$ at the point $p_{\infty}$. By (5.34), the Laplace operator is an elliptic linear differential operator with continuous coefficients. Hence, by the strong maximum principle in [14, Theorem 8.19, p. 198], this function $\varphi_{\infty}$ is constant and equal to $\delta$.

The aim of Subsections 5.8 and 5.9 is to prove that such equidistant harmonic quasiisometric maps $h_{0, \infty}$ and $h_{1, \infty}$ cannot exist (Corollary 5.19) when $Y_{\infty}$ is pinched. This will conclude the proof of Proposition 5.1.

### 5.8. Equidistant harmonic maps

We first study equidistant harmonic maps without any pinching assumption.
The following lemma extends [25, Lemma 2.2] to the case where the source space $X$ is only assumed to be a $\mathcal{C}^{2}$ Hadamard manifold. We include a complete proof to deal with this weaker regularity assumption.

Lemma 5.17. Let $X, Y$ be $\mathcal{C}^{2}$ Hadamard manifolds with $\mathcal{C}^{1}$ Riemannian metrics of bounded curvature. Let $h_{0}, h_{1}: X \rightarrow Y$ be harmonic maps such that the distance function $x \mapsto d\left(h_{0}(x), h_{1}(x)\right)$ is constant. For $t$ in $[0,1]$, let $h_{t}$ be the geodesic interpolation of $h_{0}$ and $h_{1}$ as in (5.12). Then for almost all $x$ in $X, t$ in $[0,1]$ and $V$ in $T_{x} X$, one has

$$
\begin{equation*}
\left\|D h_{0}(V)\right\|=\left\|D h_{t}(V)\right\|=\left\|D h_{1}(V)\right\| . \tag{5.37}
\end{equation*}
$$

Note that we cannot conclude that (5.37) is valid for all $x$ and $t$ since the interpolation $h_{t}$ might not be of class $\mathcal{C}^{1}$.

We will use the following straightforward inequality for convex functions.
Lemma 5.18. Let $t \mapsto \Phi_{t}$ be a non-negative convex function on $[0,1]$. Then, for all $t$ in [0, 1/2], one has

$$
\begin{equation*}
\Phi_{t}+\Phi_{1-t} \leq \Phi_{0}+\Phi_{1}-2 t\left(\Phi_{0}+\Phi_{1}-2 \Phi_{1 / 2}\right) \tag{5.38}
\end{equation*}
$$

Proof. We just add the following two convexity inequalities: $\Phi_{t} \leq(1-2 t) \Phi_{0}+2 t \Phi_{1 / 2}$ and $\Phi_{1-t} \leq(1-2 t) \Phi_{1}+2 t \Phi_{1 / 2}$.

Proof of Lemma 5.17. The idea is to construct two small perturbations $f_{\varepsilon}$ and $g_{\varepsilon}$ of the harmonic maps $h_{0}$ and $h_{1}$ with support in a compact set $K$ of $X$, and to compare the sum of the energies of $f_{\varepsilon}$ and $g_{\varepsilon}$ with the sum of the energies of $h_{0}$ and $h_{1}$.

Let $0 \leq \varepsilon \leq 1$. Here is the definition of $f_{\varepsilon}, g_{\varepsilon}: X \rightarrow Y$. We fix a $\mathcal{C}^{1}$ cut-off function $\eta: X \rightarrow[0,1], x \mapsto \eta_{x}$, with compact support $K$, and we let, for all $x$ in $X$,

$$
\begin{equation*}
f_{\varepsilon}(x):=h_{\varepsilon \eta_{x}}(x) \quad \text { and } \quad g_{\varepsilon}(x):=h_{1-\varepsilon \eta_{x}}(x) . \tag{5.39}
\end{equation*}
$$

These functions are Lipschitz continuous, hence almost everywhere differentiable. In order to compute their differentials, we use the notations (5.13) and (5.14): for all $x$ in a subset $X^{\prime} \subset X$ of full measure, all $V$ in $T_{x} X$, and almost all $t$ in [ 0,1 ], we let

$$
J_{V}(t):=D_{x} h_{t}(V) \quad \text { and } \quad \tau_{x}(t):=\partial_{t} h_{t}(x)
$$

For such a tangent vector $V$, it follows from Lemma 5.10(b) that there exists a convex function $t \mapsto \varphi_{V}(t)$ such that $\varphi_{V}(t)=\left\|J_{V}(t)\right\|$ for all $t$ where the derivative $J_{V}(t)$ exists. By the chain rule, for almost all $\varepsilon$ in $[0,1]$, the differentials of $f_{\varepsilon}$ and $g_{\varepsilon}$ are given, for almost all $x$ in $X$ and all $V$ in $T_{x} X$, by

$$
\begin{align*}
& D f_{\varepsilon}(V)=J_{V}\left(\varepsilon \eta_{x}\right)+\varepsilon V . \eta \tau_{x}\left(\varepsilon \eta_{x}\right)  \tag{5.40}\\
& D g_{\varepsilon}(V)=J_{V}\left(1-\varepsilon \eta_{x}\right)-\varepsilon V . \eta \tau_{x}\left(1-\varepsilon \eta_{x}\right) \tag{5.41}
\end{align*}
$$

where $V . \eta=d \eta(V)$ is the derivative of the function $\eta$ in the direction $V$.
According to Lemma 5.10(a), for almost all $x$ in $X$ and all $V$ in $T_{x} X$, the scalar product $\left\langle J_{V}(t), \tau_{x}(t)\right\rangle$ is almost surely constant. Therefore, for almost all $\varepsilon$ in [0, 1], $x$ in $X$ and $V$ in the unit tangent bundle $T_{x}^{1} X$, one has the equality

$$
\begin{equation*}
\left\|D f_{\varepsilon}(V)\right\|^{2}+\left\|D g_{\varepsilon}(V)\right\|^{2}=\varphi_{V}\left(\varepsilon \eta_{x}\right)^{2}+\varphi_{V}\left(1-\varepsilon \eta_{x}\right)^{2}+2 \varepsilon^{2}(V . \eta)^{2} \tag{5.42}
\end{equation*}
$$

We introduce the convex function $t \mapsto \Phi_{t}^{V}:=\varphi_{V}(t)^{2}$. Using (5.38), one gets for almost all $\varepsilon$ in $[0,1], x$ in $X$ and $V$ in $T_{x}^{1} X$ the bound

$$
\left\|D f_{\varepsilon}(V)\right\|^{2}+\left\|D g_{\varepsilon}(V)\right\|^{2} \leq \Phi_{0}^{V}+\Phi_{1}^{V}-2 \varepsilon \eta_{x}\left(\Phi_{0}^{V}+\Phi_{1}^{V}-2 \Phi_{1 / 2}^{V}\right)+2 \varepsilon^{2}(V . \eta)^{2}
$$

We recall that the energy over $K$ of a Lipschitz map $h: X \rightarrow Y$ is

$$
E_{K}(h):=\int_{K}\left\|D_{x} h\right\|^{2} \mathrm{~d} x=\int_{T^{1} K}\|D h(V)\|^{2} \mathrm{~d} V
$$

where $\mathrm{d} x$ is the Riemannian measure on $X$ and $\mathrm{d} V$ the Riemannian measure on $T^{1} X$. Integrating the previous inequality on the unit tangent bundle of $K$, one gets the following inequality relating the energy over $K$ of $f_{\varepsilon}, g_{\varepsilon}, h_{0}$ and $h_{1}$ :

$$
\begin{equation*}
E_{K}\left(f_{\varepsilon}\right)+E_{K}\left(g_{\varepsilon}\right)-E_{K}\left(h_{0}\right)-E_{K}\left(h_{1}\right) \leq-\varepsilon \int_{T^{1} K} A(V) \mathrm{d} V+O\left(\varepsilon^{2}\right) \tag{5.43}
\end{equation*}
$$

where $A$ is the function on $T^{1} X$ defined, for almost all $x$ in $X$ and $V$ in $T_{x}^{1} X$, by

$$
A(V):=2 \eta_{x}\left(\Phi_{0}^{V}+\Phi_{1}^{V}-2 \Phi_{1 / 2}^{V}\right)
$$

Since the harmonic maps $h_{0}$ and $h_{1}$ are critical points for the energy functional, (5.43) implies that

$$
\begin{equation*}
\int_{T^{1} K} A(V) \mathrm{d} V \leq 0 \tag{5.44}
\end{equation*}
$$

Since $\Phi^{V}$ is convex, the function $A$ is non-negative. Therefore (5.44) implies that $A$ is almost surely zero. Since the function $\eta$ was arbitrary, this tells us that, for almost all $V$ in $T^{1} X$, one has

$$
2 \Phi_{1 / 2}^{V}=\Phi_{0}^{V}+\Phi_{1}^{V}
$$

Since $\Phi^{V}$ is the square of the convex function $\varphi_{V}$, it follows that for almost all $V$ in $T X$, the function $\varphi_{V}$ is constant. This proves (5.37).

### 5.9. Equidistant harmonic maps in negative curvature

The following corollary improves the conclusion of Lemma 5.17 when the curvature of $Y$ is uniformly negative.

Corollary 5.19. Let $a>0$. Let $X, Y$ be $\mathcal{C}^{2}$ Hadamard manifolds with $\mathcal{C}^{1}$ Riemannian metrics. Assume moreover that $Y$ is $\operatorname{CAT}\left(-a^{2}\right)$. Let $h_{0}, h_{1}: X \rightarrow Y$ be harmonic maps such that $x \mapsto d\left(h_{0}(x), h_{1}(x)\right)$ is constant. Then either $h_{0}=h_{1}$, or

$$
\begin{equation*}
h_{0} \text { and } h_{1} \text { take their values in the same geodesic } \Gamma \text { of } Y . \tag{5.45}
\end{equation*}
$$

This means that, when $h_{0} \neq h_{1}$, there exists a geodesic $t \mapsto \gamma(t)$ in $Y$ and harmonic functions $u_{0}, u_{1}$ on $X$ such that $h_{0}=\gamma \circ u_{0}, h_{1}=\gamma \circ u_{1}$ and $u_{1}-u_{0}$ is a bounded harmonic function on $X$.

Note that this case is ruled out when $h_{0}$ and $h_{1}$ are within bounded distance of a quasi-isometric map $f: X \rightarrow Y$ since $X$ has dimension $k \geq 2$.

Proof of Corollary 5.19. We can assume that the distance between $h_{0}$ and $h_{1}$ is equal to 1 . We recall a few notations that we have already used. For $t$ in $[0,1]$, let $h_{t}$ be the geodesic interpolation of $h_{0}$ and $h_{1}$. For $x$ in $X$, let $\tau_{x}(t):=\partial_{t} h_{t}(x)$. Since the map $(t, x) \mapsto h_{t}(x)$ is Lipschitz continuous, the vector $J_{V}(t):=D h_{t}(V)$ is well-defined for almost all $t$ in $[0,1], x$ in $X$ and $V$ in $T_{x} X$. For all such $t, x, V$, we set

$$
\alpha_{V}(t):=\left\langle J_{V}(t), \tau_{x}(t)\right\rangle, \quad \varphi_{V}(t):=\left\|J_{V}(t)\right\|, \quad \psi_{V}(t):=\left(\varphi_{V}(t)^{2}-\alpha_{V}(t)^{2}\right)^{1 / 2} .
$$

By Lemmas 5.10(a) and 5.17, one has

$$
\begin{equation*}
\alpha_{V}(0)=\alpha_{V}(t)=\alpha_{V}(1) \quad \text { and } \quad \varphi_{V}(0)=\varphi_{V}(t)=\varphi_{V}(1) \tag{5.46}
\end{equation*}
$$

for almost all $t$ in $[0,1]$ and almost all $V$ in $T X$, so that

$$
\psi_{V}(0)=\psi_{V}(t)=\psi_{V}(1)
$$

Comparing these equalities with the uniform convexity of the function $\psi_{V}$ in (5.19), one infers that $\psi_{V}(t)=0$. Hence, when $J_{V}(t)$ is defined, one has

$$
\begin{equation*}
J_{V}(t)=\alpha_{V}(0) \tau_{x}(t) \tag{5.47}
\end{equation*}
$$

We now explain why (5.47) implies (5.45). It is enough to check that, for every $\mathcal{C}^{1}$ curve

$$
c:[0,1] \rightarrow X, \quad s \mapsto c_{s},
$$

with speed at most $1 / 3$, the images

$$
\begin{equation*}
h_{0}\left(c_{[0,1]}\right) \text { and } h_{1}\left(c_{[0,1]}\right) \text { are both included in the geodesic } \Gamma \tag{5.48}
\end{equation*}
$$

of $Y$ containing both $h_{0}\left(c_{0}\right)$ and $h_{1}\left(c_{0}\right)$.
The idea is to construct an auxiliary curve $C$ with zero derivative. Let $\beta:[0,1] \rightarrow$ $[-1 / 3,1 / 3]$ be given by $s \mapsto \beta_{s}:=\int_{0}^{s} \alpha_{c_{r}^{\prime}}(0) \mathrm{d} r$. For $t_{0}$ in [1/3, 2/3], consider the curve

$$
C:[0,1] \rightarrow Y, \quad s \mapsto C(s):=h_{t_{0}-\beta_{s}}\left(c_{s}\right)
$$

Since the speed of $c$ is bounded by $1 / 3$, the curve $C$ is well-defined. By construction, $C$ is a Lipschitz continuous path, and by (5.46) and (5.47), for almost all $s$, its derivative is

$$
C^{\prime}(s)=\left(\alpha_{c_{s}^{\prime}}\left(t_{0}-\beta_{s}\right)-\alpha_{c_{s}^{\prime}}(0)\right) \tau_{c_{s}}\left(t_{0}-\beta_{s}\right)=0
$$

Therefore, $C(s)=C(0)$ for all $s$ in $[0,1]$, that is,

$$
h_{t_{0}-\beta_{s}}\left(c_{s}\right)=h_{t_{0}}\left(c_{0}\right) .
$$

Using this equality for two distinct values of $t_{0}$, we deduce that the geodesic segments $h_{[0,1]}\left(c_{0}\right)$ and $h_{[0,1]}\left(c_{s}\right)$ meet in at least two points. This proves (5.48) and ends the proof of Corollary 5.19.

This also ends the proof of Proposition 5.1.

## 6. Boundary maps for weakly coarse embeddings

This section is independent of the previous ones. We prove that a weakly coarse embedding between pinched Hadamard manifolds admits a boundary map which is well-defined outside a set of zero Hausdorff dimension. We prove that the fibers of this boundary map also have zero Hausdorff dimension (Theorem 6.5). More precisely, we will prove quantitative versions of these facts (Propositions 6.13 and 6.15) that we will use in Section 7.

### 6.1. Weakly coarse embeddings

In this subsection, we introduce various classes of rough Lipschitz maps $f: X \rightarrow Y$ between pinched Hadamard manifolds generalizing quasi-isometric maps.

Let $X$ and $Y$ be Hadamard manifolds with pinched sectional curvatures, $-b^{2} \leq$ $K_{X}, K_{Y} \leq-a^{2}<0$. Let $k=\operatorname{dim} X$ and $k^{\prime}=\operatorname{dim} Y$.

Definition 6.1. Let $c>0$. A map $f: X \rightarrow Y$ is rough $c$-Lipschitz if for all $x, x^{\prime} \in X$ with $d\left(x, x^{\prime}\right) \leq 1$ one has $d\left(f(x), f\left(x^{\prime}\right)\right) \leq c$.

When $f: X \rightarrow Y$ is a rough $c$-Lipschitz map, one has, for all $x, x^{\prime}$ in $X$,

$$
d\left(f(x), f\left(x^{\prime}\right)\right) \leq c d\left(x, x^{\prime}\right)+c
$$

Definition 6.2. A map $f: X \rightarrow Y$ is a coarse embedding if there exist non-decreasing unbounded functions $\varphi_{1}, \varphi_{2}$ such that, for all $x, x^{\prime} \in X$,

$$
\begin{equation*}
\varphi_{1}\left(d\left(x, x^{\prime}\right)\right) \leq d\left(f(x), f\left(x^{\prime}\right)\right) \leq \varphi_{2}\left(d\left(x, x^{\prime}\right)\right) \tag{6.1}
\end{equation*}
$$

Note that a map which is within bounded distance of a coarse embedding is also a coarse embedding. In Definition 6.2 one may always assume that $\varphi_{2}$ is affine, that is, $f$ is rough Lipschitz. A quasi-isometric map is a special case of a coarse embedding, where $\varphi_{1}$ is also an affine function.

Definition 6.3. A weakly coarse embedding is a rough Lipschitz map $f: X \rightarrow Y$ for which there exist $c_{0}, C_{0}>0$ such that, for all $x, x^{\prime}$ in $X$,

$$
\begin{equation*}
d\left(f(x), f\left(x^{\prime}\right)\right) \leq c_{0} \Longrightarrow d\left(x, x^{\prime}\right) \leq C_{0} \tag{6.2}
\end{equation*}
$$

Equivalently, this means that there exist non-decreasing non-negative and non-zero functions $\varphi_{1}, \varphi_{2}$ such that (6.1) holds. Of course, any coarse embedding $f: X \rightarrow Y$ is a weakly coarse embedding.

Example 6.4. There exist many coarse and weakly coarse embeddings $f$ from $\mathbb{H}^{2}$ to $\mathbb{H}^{3}$. More precisely, for any non-decreasing 1-Lipschitz function $\varphi_{1}:[0, \infty[\rightarrow[0, \infty[$ with $\varphi_{1}(0)=0$ one can choose a 1-Lipschitz map $f$ for which $\varphi_{1}$ is the best lower bound in (6.1).

Proof. Indeed, one first constructs a unit-speed $\mathcal{C}^{1}$ curve $f_{0}: \mathbb{R} \rightarrow \mathbb{H}^{2}$ such that $\varphi_{1}(t)=$ $\min _{s \in \mathbb{R}} d\left(f_{0}(s+t), f_{0}(s)\right)$ for every $t \geq 0$. We set $\mathbb{H}^{1}:=\mathbb{R}$ and, for $k \geq 1$, we embed each space $\mathbb{H}^{k}$ as a totally geodesic hyperplane in $\mathbb{H}^{k+1}$ and denote by $x \mapsto n_{x}$ a unit normal vector field to $\mathbb{H}^{k}$ in $\mathbb{H}^{k+1}$. We now define the Lipschitz map $f: \mathbb{H}^{2} \rightarrow \mathbb{H}^{3}$ as $f\left(\exp \left(t n_{s}\right)\right):=\exp \left(t n_{f_{0}(s)}\right)$ for all $s$ in $\mathbb{H}^{1}$ and $t \in \mathbb{R}$.
For any point $x_{0} \in X$ and $r>0$, we identify through the exponential map each sphere $S\left(x_{0}, r\right)$ with the unit tangent sphere

$$
S_{x_{0}}:=\left\{\xi \in T_{x_{0}} X \mid\|\xi\|=1\right\} .
$$

More precisely, when $\xi \in S_{x_{0}}$, we denote by $r \mapsto \xi_{r}:=\exp _{x_{0}}(r \xi)$ the corresponding unit-speed geodesic ray (so that $\xi_{0}=x_{0}$ ).

We denote by $\bar{X}=X \cup \partial X$ the visual compactification of $X$. The boundary $\partial X$ is the set of (equivalence classes of) rays in $X$. The map $\psi_{x_{0}}: \xi \mapsto \lim _{r \rightarrow \infty} \xi_{r}$ gives a homeomorphism from the unit tangent sphere $S_{x_{0}}$ onto the sphere at infinity $\partial X$. We say that a subset $A$ of $\partial X$ has zero Hausdorff dimension if, seen in $S_{x_{0}}$, it has zero Hausdorff dimension. One can check that this property does not depend on the choice of $x_{0}$, because for any other point $x_{1} \in X$, the homeomorphism $\psi_{x_{1}}^{-1} \circ \psi_{x_{0}}$ is bi-Hölder.

In this subection we will prove the following theorem.

Theorem 6.5. Let $f: X \rightarrow Y$ be a weakly coarse embedding between pinched Hadamard manifolds.
(a) There exists a subset $A \subset \partial X$ of zero Hausdorff dimension such that, for all $\xi \in$ $\partial X \backslash A$, the limit $\partial f(\xi):=\lim _{r \rightarrow \infty} f\left(\xi_{r}\right)$ exists in $\partial Y$.
(b) For every $\xi \in \partial X \backslash A$, the fiber $\{\eta \in \partial X \backslash A \mid \partial f(\eta)=\partial f(\xi)\}$ has zero Hausdorff dimension.

The map $\partial f: \partial X \backslash A \rightarrow \partial Y$ is called the boundary map of $f$.
The proof of Theorem 6.5 will last up to the end of this section. The quantitative estimates (6.8) and (6.10) that we will obtain during this proof will be used again in Section 7.

### 6.2. Hausdorff dimension and Frostman measures

In this subsection we introduce classical notations and definitions from geometric measure theory.

Definition 6.6. Let $M, v>0$. A Borel probability measure $\sigma$ on a compact metric space $S$ is said to be $(M, \nu)$-Frostman if, for all $\xi \in S$ and all $r>0$,

$$
\begin{equation*}
\sigma(B(\xi, r)) \leq M r^{\nu} \tag{6.3}
\end{equation*}
$$

Proposition 4.9 tells us that all the harmonic measures $\sigma_{x, r}$ of a pinched Hadamard manifold are $(M, 1 / N)$-Frostman, where the constants $(M, N)$ do not depend on the center $x$ or the radius $r>0$.

Let $v, \delta>0$. For a subset $A \subset S$, we denote

$$
H_{\delta}^{v}(A)=\inf \left\{\sum_{i \geq 1} \operatorname{diam}\left(U_{i}\right)^{v} \mid A \subset \bigcup_{i} U_{i}, \operatorname{diam}\left(U_{i}\right) \leq \delta\right\}
$$

When $\delta=\infty$, we denote similarly

$$
\begin{equation*}
H_{\infty}^{v}(A)=\inf \left\{\sum_{i \geq 1} \operatorname{diam}\left(U_{i}\right)^{v} \mid A \subset \bigcup_{i} U_{i}\right\} \tag{6.4}
\end{equation*}
$$

We recall that the $v$-dimensional Hausdorff measure of $A$ is defined as

$$
H^{v}(A)=\sup _{\delta>0} H_{\delta}^{v}(A)
$$

and the Hausdorff dimension of $A$ is

$$
\operatorname{dim}_{H}(A)=\inf \left\{v>0 \mid H^{v}(A)=0\right\}
$$

Observe that also

$$
\begin{equation*}
\operatorname{dim}_{H}(A)=\inf \left\{v>0 \mid H_{\infty}^{v}(A)=0\right\} \tag{6.5}
\end{equation*}
$$

The following easy lemma relates $H_{\infty}^{\nu}(A)$ to Frostman measures.
Lemma 6.7. Let $\sigma$ be a $(M, v)$-Frostman measure on a compact metric space $S$ and $A \subset S$. Then $\sigma(A) \leq M H_{\infty}^{\nu}(A)$.
Proof. Observe that $\sigma(A) \leq \sum_{i \geq 1} \sigma\left(U_{i}\right) \leq M \sum_{i \geq 1} \operatorname{diam}\left(U_{i}\right)^{v}$ for any covering $\left(U_{i}\right)$ of $A$.

### 6.3. Image of a large sphere

In this subsection we focus on those points of a sphere $S\left(x_{0}, r\right)$ whose images under a weakly coarse embedding are too close to a given point.

The following definition will play a key role in the proof of Theorem 6.5.
Definition 6.8. Let $c, C_{1}, C_{2}>0$. A rough $c$-Lipschitz map $f: X \rightarrow Y$ has property $\mathcal{C}_{C_{1}, C_{2}}$ if, for all $x_{0} \in X, y_{0} \in Y$ and $r, s>0$, the set

$$
\begin{equation*}
A_{x_{0}, y_{0}, r, s}:=\left\{\xi \in S_{x_{0}} \mid d\left(y_{0}, f\left(\xi_{r}\right)\right) \leq s\right\} \tag{6.6}
\end{equation*}
$$

can be covered by at most $C_{1} e^{b k^{\prime} s}$ balls of radius $C_{2} e^{-a r}$, where $k^{\prime}=\operatorname{dim} Y$.
If such constants $C_{1}, C_{2}$ exist, we say that $f$ has property $\mathcal{C}$.
In this definition the unit-sphere $S_{x_{0}}$ is endowed with the distance induced by the Riemannian norm on $T_{x_{0}} X$.

The bound on the size of a covering of the set (6.6) will be very useful for Hausdorff dimension estimations. The precise value $b k^{\prime}$ for the exponential growth in Definition 6.8 is not particularly important. It is obtained in the next proposition and it merely avoids the introduction of another parameter.

Proposition 6.9. Every weakly coarse embedding $f: X \rightarrow Y$ has property $\mathcal{C}$.
In particular, Propositions 6.13 and 6.15 below apply to all weakly coarse embeddings $f$.
We will use the Bishop volume estimates (see for example [12]) which compare the volume of balls in $X$ and in the hyperbolic space $\mathbb{H}^{k}$.

Lemma 6.10. Let $X$ be a pinched Hadamard manifold with dimension $k$ and sectional curvature $-b^{2} \leq K_{X} \leq-a^{2}<0$. Then, for $R>0$,

$$
a^{-k} \operatorname{vol}\left(B_{\mathbb{H}^{k}}(O, a R)\right) \leq \operatorname{vol}\left(B_{X}(x, R)\right) \leq b^{-k} \operatorname{vol}\left(B_{\mathbb{H}^{k}}(O, b R)\right)
$$

We will also need to bound angles by Gromov products as in Lemma 2.1.
Lemma 6.11. Let $Y$ be a Hadamard manifold with $K_{Y} \leq-a^{2}<0$. Then, for all $y_{0} \in Y$ and $y_{1}, y_{2} \in Y \backslash\left\{y_{0}\right\}$,

$$
\theta_{y_{0}}\left(y_{1}, y_{2}\right) \leq 4 e^{-a\left(y_{1}, y_{2}\right)_{y_{0}}},
$$

where $\theta_{y_{0}}\left(y_{1}, y_{2}\right)$ is the angle at $y_{0}$ of the geodesic triangle $\left(y_{0}, y_{1}, y_{2}\right)$ and $\left(y_{1}, y_{2}\right)_{y_{0}}:=$ $\frac{1}{2}\left(d\left(y_{0}, y_{1}\right)+d\left(y_{0}, y_{2}\right)-d\left(y_{1}, y_{2}\right)\right)$ is the Gromov product.
Proof of Proposition 6.9. We will see that $f$ has property $\mathcal{C}_{C_{1}, C_{2}}$ where the constants $C_{1}, C_{2}$ depend only on $a, b, k^{\prime}$, and on $c_{0}, C_{0}$ from (6.2).

It follows from the volume estimates of Lemma 6.10 that there exists a constant $C_{1}>0$ such that for each ball $B\left(y_{0}, s\right) \subset Y(s>0)$ and each covering of minimal cardinality of this ball by balls with radii $c_{0} / 2$,

$$
B\left(y_{0}, s\right) \subset \bigcup_{i \in I} B\left(y_{i}, c_{0} / 2\right)
$$

this cardinality is at most $C_{1} e^{b k^{\prime} s}$.

Since $f$ is a ( $c_{0}, C_{0}$ )-weakly coarse embedding, for each $i \in I$ the inverse image $f^{-1}\left(B\left(y_{i}, c_{0} / 2\right)\right)$ is either empty or lies in $B\left(x_{i}, C_{0}\right) \subset X$. By Lemma 6.11, the set $B\left(x, C_{0}\right) \cap S\left(x_{0}, r\right)$ lies in a cone with vertex $x_{0}$ and angle $\theta_{r}=C_{2} e^{-a r}$.

Remark 6.12. Any map $\tilde{f}: X \rightarrow Y$ within bounded distance of a map $f: X \rightarrow Y$ with property $\mathcal{C}$ also has property $\mathcal{C}$.

### 6.4. Construction of the boundary map

We now investigate the long-term behavior of the images of geodesic rays under a rough Lipschitz map satisfying property $\mathcal{C}$.

Let $X, Y$ be pinched Hadamard manifolds and $f: X \rightarrow Y$ be a rough Lipschitz map with property $\mathcal{C}$. Proposition 6.13 below tells us that, except for a set of rays of zero Hausdorff dimension, the image under $f$ of a ray goes to infinity in $Y$ at positive speed and this image converges to a point in $\partial Y$.

We need some notations. For $x_{0} \in X$, let $A_{x_{0}}$ be the set of rays whose image does not go to infinity at positive speed:

$$
A_{x_{0}}:=\left\{\xi \in S_{x_{0}} \left\lvert\, \liminf _{n \rightarrow \infty} \frac{1}{n} d\left(f\left(x_{0}\right), f\left(\xi_{n}\right)\right)=0\right.\right\} .
$$

Then $A_{x_{0}}=\bigcap_{\alpha>0} A_{x_{0}, \alpha}$, where, for $\alpha>0$,

$$
A_{x_{0}, \alpha}:=\left\{\xi \in S_{x_{0}} \left\lvert\, \liminf _{n \rightarrow \infty} \frac{1}{n} d\left(f\left(x_{0}\right), f\left(\xi_{n}\right)\right)<\alpha\right.\right\} .
$$

One has $A_{x_{0}, \alpha} \subset \bigcap_{n_{0} \geq 1} A_{x_{0}, \alpha}\left(n_{0}\right)$, where, for $n_{0} \geq 1$,

$$
A_{x_{0}, \alpha}\left(n_{0}\right):=\left\{\xi \in S_{x_{0}} \mid d\left(f\left(x_{0}\right), f\left(\xi_{n}\right)\right) \leq n \alpha \text { for some } n \geq n_{0}\right\}
$$

With the definition (6.6), one has $A_{x_{0}, \alpha}\left(n_{0}\right)=\bigcup_{n \geq n_{0}} A_{x_{0}, f\left(x_{0}\right), n, n \alpha}$.
Proposition 6.13. Let $X, Y$ be pinched Hadamard manifolds with sectional curvatures $-b^{2} \leq K \leq-a^{2}<0$. Let $c, C_{1}, C_{2}>0$ and $f: X \rightarrow Y$ be a rough $c$-Lipschitz map with property $\mathcal{C}_{C_{1}, C_{2}}$. Let $\alpha>0, k^{\prime}=\operatorname{dim} Y$ and $v_{\alpha}:=b k^{\prime} \alpha / a$. For $v>v_{\alpha}$, set $C_{3, \alpha, \nu}:=C_{1} C_{2}^{v} /\left(1-e^{-a\left(\nu-v_{\alpha}\right)}\right)$. Then for any $x_{0} \in X$ and $n_{0} \geq 1$ :
(a) One has

$$
\begin{equation*}
H_{\infty}^{\nu}\left(A_{x_{0}, \alpha}\left(n_{0}\right)\right) \leq C_{3, \alpha, v} e^{-a\left(\nu-v_{\alpha}\right) n_{0}} \tag{6.7}
\end{equation*}
$$

(b) For every $(M, v)$-Frostman measure $\sigma$ on $S_{x_{0}}$,

$$
\begin{equation*}
\sigma\left(A_{x_{0}, \alpha}\left(n_{0}\right)\right) \leq M C_{3, \alpha, \nu} e^{-a\left(\nu-v_{\alpha}\right) n_{0}} \tag{6.8}
\end{equation*}
$$

(c) $\operatorname{dim}_{H}\left(A_{x_{0}, \alpha}\right) \leq \nu_{\alpha}$.
(d) $\operatorname{dim}_{H}\left(A_{x_{0}}\right)=0$.
(e) For every $\xi \in S_{x_{0}} \backslash A_{x_{0}}$, the limit $\partial f(\xi):=\lim _{r \rightarrow \infty} f\left(\xi_{r}\right)$ exists in $\partial Y$.

The bound (6.8) can be interpreted as a large deviation inequality for the random path $f\left(\xi_{t}\right)$ when the ray $\xi$ is chosen randomly with law $\sigma$. A key point is that the constants involved in (6.8) do not depend on the ( $M, v$ )-Frostman measure $\sigma$. We will apply it later to various harmonic measures $\sigma=\sigma_{x_{0}, r}$ on $X$.
Proof of Proposition 6.13. (a) Since $f$ has property $\mathcal{C}_{C_{1}, C_{2}}$,

$$
\begin{aligned}
H_{\infty}^{v}\left(A_{x_{0}, \alpha}\left(n_{0}\right)\right) & \leq \sum_{n \geq n_{0}} H_{\infty}^{v}\left(A_{x_{0}, f\left(x_{0}\right), n, n \alpha}\right) \\
& \leq \sum_{n \geq n_{0}} C_{1} e^{a v_{\alpha} n} C_{2}^{v} e^{-a v n}=C_{3, \alpha, \nu} e^{-a\left(\nu-v_{\alpha}\right) n_{0}}
\end{aligned}
$$

(b) follows from (a) and Lemma 6.7.
(c) Letting $n_{0}$ go to infinity in (6.7), one gets $H_{\infty}^{\nu}\left(A_{x_{0}, \alpha}\right)=0$ for all $v>v_{\alpha}$. Therefore, (6.5) yields $\operatorname{dim}_{H}\left(A_{x_{0}, \alpha}\right) \leq v_{\alpha}$.
(d) One has $\operatorname{dim}_{H}\left(A_{x_{0}}\right) \leq \inf _{\alpha>0} \operatorname{dim}_{H}\left(A_{x_{0}, \alpha}\right)=0$.
(e) Since $f$ is rough Lipschitz, one may assume that the parameters $r$ are integers and apply Lemma 6.14 below to the sequence $y_{n}=f\left(\xi_{n}\right)$.

Lemma 6.14. Let $Y$ be a Hadamard manifold with $K_{Y} \leq-a^{2}<0$. Let $\left(y_{n}\right)_{n \in \mathbb{N}}$ be a sequence in $Y$ such that

$$
\sup _{n \geq 0} d\left(y_{n}, y_{n+1}\right)<\infty \quad \text { and } \quad \liminf _{n \rightarrow \infty} \frac{1}{n} d\left(y_{0}, y_{n}\right)>0
$$

Then the limit $y_{\infty}:=\lim _{n \rightarrow \infty} y_{n}$ exists in the visual boundary $\partial Y$.
Proof. Choose $c, \alpha>0$ and $n_{0} \geq 1$ such that

$$
d\left(y_{n}, y_{n+1}\right) \leq c \quad \text { and } \quad d\left(y_{0}, y_{n}\right) \geq n \alpha \quad \text { for all } n \geq n_{0} .
$$

By Lemma 6.11, $\theta_{y_{0}}\left(y_{n}, y_{n+1}\right) \leq 4 e^{a c / 2} e^{-a \alpha n}$ for any $n \geq n_{0}$. Since this series converges, there exists a geodesic ray $\gamma_{+} \subset Y$ with origin $y_{0}$ such that $\lim _{n \rightarrow \infty} \theta_{y_{0}}\left(y_{n}, \gamma_{+}\right)$ $=0$.

Unlike quasi-isometric maps, a coarse embedding may not have boundary values in every direction. See Example 6.4 where we could begin with a curve $f_{0}$ that spirals away in $\mathbb{H}^{2}$.

### 6.5. The fibers of the boundary map

We now investigate the fibers of the boundary map $\partial f$ of a rough Lipschitz map with property $\mathcal{C}$.

Proposition 6.15 below tells us that the fibers of the boundary map have zero Hausdorff dimension.

We keep the notations of Subsection 6.4 and introduce more notations. As before, $X, Y$ are pinched Hadamard manifolds and $f: X \rightarrow Y$ is a rough $c$-Lipschitz map with
property $\mathcal{C}$. For $x_{0} \in X$ and $\xi \in S_{x_{0}}$, let $B_{x_{0}}^{\xi}$ be the set of rays $\eta$ that "do not go away from $\xi$ at positive speed":

$$
B_{x_{0}}^{\xi}:=\left\{\eta \in S_{x_{0}} \left\lvert\, \lim _{n_{0} \rightarrow \infty} \inf _{n, p \geq n_{0}} \frac{1}{n+p} d\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right)=0\right.\right\}
$$

Then $B_{x_{0}}^{\xi}=\bigcap_{\alpha>0} B_{x_{0}, \alpha}^{\xi}$, where, for $\alpha>0$, we set $\beta_{\alpha}:=\frac{\alpha^{2}}{2 \alpha+c}$ and let

$$
B_{x_{0}, \alpha}^{\xi}:=\left\{\eta \in S_{x_{0}} \left\lvert\, \lim _{n_{0} \rightarrow \infty} \inf _{n, p \geq n_{0}} \frac{1}{n+p} d\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right)<\beta_{\alpha}\right.\right\} .
$$

Then $B_{x_{0}, \alpha}^{\xi} \subset \bigcap_{n_{0} \geq 1} B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)$, where for any $n_{0} \geq 1$ we let

$$
B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right):=\left\{\eta \in S_{x_{0}} \mid d\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right) \leq(n+p) \beta_{\alpha} \text { for some } n, p \geq n_{0}\right\}
$$

This specific value for $\beta_{\alpha}$ has been chosen in order to obtain the same exponent in (6.7) and in (6.9) below.

Proposition 6.15. Let $X, Y$ be pinched Hadamard manifolds with sectional curvatures $-b^{2} \leq K \leq-a^{2}<0$. Let $c, C_{1}, C_{2}>0$ and $f: X \rightarrow Y$ be a rough $c$-Lipschitz map with property $\mathcal{C}_{C_{1}, C_{2}}$. Let $\alpha>0, k^{\prime}=\operatorname{dim} Y, v_{\alpha}:=b k^{\prime} \alpha / a$ and $\beta_{\alpha}:=\alpha^{2} /(2 \alpha+c)$. For

(a) For $\xi \in S_{x_{0}} \backslash A_{x_{0}, \alpha}\left(n_{0}\right)$,

$$
\begin{equation*}
H_{\infty}^{v}\left(B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)\right) \leq C_{4, \alpha, v} e^{-a\left(\nu-v_{\alpha}\right) n_{0}} \tag{6.9}
\end{equation*}
$$

(b) For $\xi \in S_{x_{0}} \backslash A_{x_{0}, \alpha}\left(n_{0}\right)$ and any $(M, \nu)$-Frostman measure $\sigma$ on $S_{x_{0}}$,

$$
\begin{equation*}
\sigma\left(B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)\right) \leq M C_{4, \alpha, v} e^{-a\left(v-v_{\alpha}\right) n_{0}} \tag{6.10}
\end{equation*}
$$

(c) For $\xi \in S_{x_{0}} \backslash A_{x_{0}, \alpha}$, one has $\operatorname{dim}_{H}\left(B_{x_{0}, \alpha}^{\xi}\right) \leq v_{\alpha}$.
(d) For $\xi \in S_{x_{0}} \backslash A_{x_{0}}$, one has $\operatorname{dim}_{H}\left(B_{x_{0}}^{\xi}\right)=0$.
(e) Assume $n_{0} \geq \frac{4 e^{2 a c}}{1-e^{-a \beta \alpha}}$. For $\xi, \eta \in S_{x_{0}} \backslash A_{x_{0}, \alpha}\left(n_{0}\right)$ with $\eta \notin B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)$ and for all $n, p \geq \ell_{0}:=4 n_{0} c / \alpha$,

$$
\begin{equation*}
\theta_{f\left(x_{0}\right)}\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right) \geq \frac{1}{2} e^{-2 n_{0} b c} \tag{6.11}
\end{equation*}
$$

(f) For $\xi, \eta \in S_{x_{0}} \backslash A_{x_{0}}$ with $\eta \notin B_{x_{0}}^{\xi}$, one has $\partial f(\eta) \neq \partial f(\xi)$.

We begin with a technical covering lemma.
Lemma 6.16. We keep the notations of Proposition 6.15. Fix $n_{0} \geq 1$. For $\xi \in S_{x_{0}}$ and $p \geq n_{0}$, let

$$
B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right):=\left\{\eta \in S_{x_{0}} \mid\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right) \leq(n+p) \beta_{\alpha} \text { for some } n \geq n_{0}\right\}
$$

If $\xi \notin A_{x_{0}, \alpha}\left(n_{0}\right)$, then $B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right)$ can be covered by at most $\frac{C_{1} e^{b k^{\prime} \alpha p}}{1-e^{-b k^{\prime} \beta_{\alpha}}}$ balls of radius $C_{2} e^{-a p}$.

Proof. Using the notation (6.6), we have

$$
B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right)=\bigcup_{n \geq n_{0}} A_{x_{0}, f\left(\xi_{n}\right), p,(n+p) \beta_{\alpha}}
$$

The key point is that, since $f$ is rough $c$-Lipschitz and $\xi \notin A_{x_{0}, \alpha}\left(n_{0}\right)$, this union is finite. Indeed, assume that an integer $n \geq n_{0}$ satisfies

$$
d\left(f\left(\xi_{n}\right), f\left(\eta_{p}\right)\right) \leq(n+p) \beta_{\alpha}
$$

for some $\eta \in S_{x_{0}}$. Since $d\left(f\left(x_{0}\right), f\left(\xi_{n}\right)\right) \geq n \alpha$ and $d\left(f\left(x_{0}\right), f\left(\eta_{p}\right)\right) \leq p c$, one must have

$$
n \alpha-p c \leq(n+p) \beta_{\alpha}
$$

By our choice of $\beta_{\alpha}$, this is equivalent to

$$
(n+p) \beta_{\alpha} \leq p \alpha
$$

Therefore, using Definition 6.8, one can cover $B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right)$ by at most $C_{1} \sum_{n} e^{b k^{\prime}(n+p) \beta_{\alpha}}$ balls of radius $C_{2} e^{-a p}$, where the sum is over $n \geq n_{0}$ such that $(n+p) \beta_{\alpha} \leq p \alpha$. Computing this sum, one deduces that $B_{x_{0}, \alpha, p}^{\xi}$ can be covered by at most $\frac{C_{1} e^{b k^{\prime} \alpha p}}{1-e^{-b k^{\prime} \beta_{\alpha}}}$ balls of radius $C_{2} e^{-a p}$.

Proof of Proposition 6.15. (a) Since $B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)=\bigcup_{p \geq n_{0}} B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right)$, Lemma 6.16 yields

$$
\begin{aligned}
H_{\infty}^{v}\left(B_{x_{0}, \alpha}^{\xi}\left(n_{0}\right)\right) & \leq \sum_{p \geq n_{0}} H_{\infty}^{v}\left(B_{x_{0}, \alpha, p}^{\xi}\left(n_{0}\right)\right) \\
& \leq \sum_{p \geq n_{0}} \frac{C_{1} e^{a v_{\alpha} p}}{1-e^{-\beta_{\alpha} b k^{\prime}}} C_{2}^{v} e^{-a v p}=C_{4, \alpha, v} e^{-a\left(v-v_{\alpha}\right) n_{0}}
\end{aligned}
$$

(b) follows from (a) and Lemma 6.7.
(c) Letting $n_{0}$ go to infinity in (6.9) one gets $H_{\infty}^{\nu}\left(B_{x_{0}, \alpha}^{\xi}\right)=0$ for all $v>v_{\alpha}$. Therefore, using (6.5), it follows that $\operatorname{dim}_{H}\left(B_{x_{0}, \alpha}^{\xi}\right) \leq v_{\alpha}$.
(d) One has $\operatorname{dim}_{H}\left(B_{x_{0}}^{\xi}\right) \leq \inf _{\alpha>0} \operatorname{dim}_{H}\left(B_{x_{0}, \alpha}^{\xi}\right)=0$.
(e) This is a consequence of Lemma 6.17 below applied to the sequences $y_{n}=f\left(\xi_{n}\right)$ and $z_{p}=f\left(\eta_{p}\right)$.
(f) This follows from (e).

### 6.6. Two sequences going away from one another

The aim of this subsection is to prove the following lemma which provides, in a pinched Hadamard manifold, a lower bound for the angle between points in two sequences with bounded speed that "go away from one another at positive speed".

Lemma 6.17. Let $Y$ be a Hadamard manifold with $-b^{2} \leq K_{Y} \leq-a^{2}<0$. Let $c \geq \alpha \geq$ $\beta>0$ and $n_{0} \geq \frac{4 e^{2 a c}}{1-e^{-a \beta}}$. Let $\left(y_{n}\right)_{n \in \mathbb{N}}$ and $\left(z_{p}\right)_{p \in \mathbb{N}}$ be two sequences of points in $\bar{Y}$ with $y_{0}=z_{0}$ such that

$$
\begin{align*}
& d\left(y_{n}, y_{n+1}\right) \leq c \quad \text { and } \quad d\left(z_{p}, z_{p+1}\right) \leq c \quad \text { for } n, p \geq 0,  \tag{6.12}\\
& d\left(y_{0}, y_{n}\right) \geq n \alpha, \quad d\left(y_{0}, z_{p}\right) \geq p \alpha \quad \text { and } \quad d\left(y_{n}, z_{p}\right) \geq(n+p) \beta \quad \text { for } n, p \geq n_{0} . \tag{6.13}
\end{align*}
$$

Then, for any integers $n, p \geq \ell_{0}:=4 n_{0} c / \alpha$,

$$
\begin{equation*}
\theta_{y_{0}}\left(y_{n}, z_{p}\right) \geq \frac{1}{2} e^{-2 n_{0} b c} \tag{6.14}
\end{equation*}
$$

We will need two geometric lemmas.
We know that the orthogonal projection from a Hadamard manifold onto a geodesic is a 1-Lipschitz map. The following lemma gives more precise information when the curvature is bounded from above.
Lemma 6.18. Let $Y$ be a Hadamard manifold with $K_{Y} \leq-a^{2}<0$. Let $\gamma \subset Y$ be a geodesic. Then the orthogonal projection $\pi: Y \rightarrow \gamma$ is smooth and, for $y \in Y$,

$$
\left\|D_{y} \pi\right\| \leq \frac{1}{\cosh (a d(y, \gamma))} \leq 2 e^{-a d(y, \gamma)}
$$

Proof. The proof relies on a Jacobi field estimate (see [12]).
Let $y \in Y \backslash \gamma$, let $\bar{y}=\pi(y) \in \gamma$ and $\ell=d(y, \gamma)=d(y, \bar{y})$. Denote by $c: s \in$ $[0, \ell] \rightarrow c(s) \in Y$ the unit-speed parametrization of the geodesic segment $[\bar{y}, y]$ with $c(0)=\bar{y}$ and $c(\ell)=y$.

Let $v \in T_{y} Y$. We want to bound $\left\|D_{y} \pi(v)\right\| /\|v\|$. We may assume that $v$ is orthogonal to $\operatorname{Ker} D_{y} \pi$, i.e. to the geodesic $c$ at $y$.

Choose a smooth curve $t \mapsto y(t) \in Y$ with $y(0)=y$ and $y^{\prime}(0)=v$, and let $\bar{y}(t)=$ $\pi(y(t)) \in \gamma$. We can assume that $d(y(t), \bar{y}(t))=\ell$ for all $t$. For each parameter $t$, introduce the constant-speed geodesic $c_{t}:[0, \ell] \rightarrow Y$ such that $c_{t}(0)=\bar{y}(t)$ and $c_{t}(\ell)=$ $y(t)$. By construction, each vector $u(t):=\left.\frac{d}{d s} c_{t}(s)\right|_{s=0} \in T_{\bar{y}(t)} Y$ is normal to $\gamma$ at the point $\bar{y}(t)$.

The map $(s, t) \mapsto c_{t}(s)$ is a variation of geodesics, so that $J:\left.[0, \ell] \rightarrow \frac{d}{d t} c_{t}(s)\right|_{t=0} \in$ $[0, \ell] \in T_{c(s)} Y$ is a Jacobi field along the geodesic $c$. We have $J(0)=D_{y} \pi(v)$ and $J(\ell)=v$. Since both $J(0)$ and $J(\ell)$ are normal to $c$, it follows that $J$ is a normal Jacobi field. Since $\gamma$ is a geodesic and each $u(t)$ is normal to $\gamma$, we infer from the equality $J^{\prime}(0)=u^{\prime}(0)$ that $J^{\prime}(0)$ is normal to $\gamma$, i.e. orthogonal to $J(0)$. The Jacobi field equation $J^{\prime \prime}+R\left(c^{\prime}, J\right) c^{\prime}=0$ and the hypothesis on the curvature now yield

$$
\left(\|J\|^{2}\right)^{\prime \prime}=2\left\|J^{\prime}\right\|^{2}-2 R\left(c^{\prime}, J, c^{\prime}, J\right) \geq 2\left(\|J\|^{\prime}\right)^{2}+2 a^{2}\|J\|^{2}
$$

and therefore

$$
\|J\|^{\prime \prime} \geq a^{2}\|J\| .
$$

Since $\|J\|^{\prime}(0)=\left\langle J(0), J^{\prime}(0)\right\rangle /\|J(0)\|=0$, one deduces that $\|J(t)\| \geq\|J(0)\| \cosh (a t)$ for all $t \geq 0$. In particular, $\left\|D_{y} \pi(v)\right\| \leq\|v\| / \cosh (a \ell)$.
The second lemma is an easy angle comparison lemma.

Lemma 6.19. Let $Y$ be a Hadamard manifold with $-b^{2} \leq K_{Y} \leq 0$. Let $\gamma \subset Y$ be a geodesic, $y_{0} \in \gamma, y \in Y$ and $\bar{y}=\pi(y)$ be the projection of $y$ on $\gamma$. Assume that $d\left(y_{0}, \bar{y}\right) \leq R$ and $d(\bar{y}, y) \geq R$. Then $\theta_{y_{0}}(y, \bar{y}) \geq \frac{1}{2} e^{-b R}$.
Proof. The angles of a triangle in $\mathbb{H}^{2}\left(-b^{2}\right)$ with the same side lengths are smaller than the angles of the triangle $\left(y_{0} y \bar{y}\right)$. It follows that $\theta_{y_{0}}(y, \bar{y}) \geq \varphi$, where $\varphi$ is the angle of an isosceles right triangle in $\mathbb{H}^{2}\left(-b^{2}\right)$ with adjacent sides of length $R$, which is $\varphi=$ $\arctan \left(\frac{1}{\cosh (b R)}\right) \geq \frac{1}{2} e^{-b R}$.
Proof of Lemma 6.17. Let $\gamma_{+}$be a geodesic ray starting from $y_{0}=z_{0}$. Denote by $\pi$ : $Y \rightarrow \gamma$ the orthogonal projection onto the geodesic $\gamma$ that contains $\gamma_{+}$. Identify $\gamma \sim \mathbb{R}$ so that $\gamma_{+} \sim\left[0, \infty\left[\right.\right.$. Introduce, for $n, p \in \mathbb{N}$, the points $\bar{y}_{n}=\pi\left(y_{n}\right)$ and $\bar{z}_{p}=\pi\left(z_{p}\right)$, and the subintervals $I_{n}=\left[\bar{y}_{n}, \bar{y}_{n+1}\right]$ and $J_{p}=\left[\bar{z}_{p}, \bar{z}_{p+1}\right]$ of $\gamma$.

Let $R:=2 n_{0} c$. We claim that

$$
\begin{equation*}
\min \left(\bar{y}_{N}, \bar{z}_{P}\right) \leq R \quad \text { for all } N, P \geq 0 \tag{6.15}
\end{equation*}
$$

According to (6.12), max $\left(\bar{y}_{n_{0}}, \bar{z}_{n_{0}}\right) \leq n_{0} c$. Hence it is enough to check that the interval $\mathcal{I}:=\left[\bar{y}_{n_{0}}, \bar{y}_{N}\right] \cap\left[\bar{z}_{n_{0}}, \bar{z}_{P}\right]$ has length $|\mathcal{I}| \leq n_{0} c$.

Let $q \in \mathcal{I}$. This point lies in some non-empty interval $I_{n} \cap J_{p}$ with $n, p \geq n_{0}$. Since the projection $\pi$ is 1-Lipschitz, using (6.12) again yields $d\left(\bar{y}_{n}, \bar{z}_{p}\right) \leq 2 c$. According to (6.13) one has $d\left(y_{n}, z_{p}\right) \geq \beta(n+p)$ so that

$$
\text { either } d\left(y_{n}, \bar{y}_{n}\right) \geq n \beta-c \quad \text { or } \quad d\left(z_{p}, \bar{z}_{p}\right) \geq p \beta-c \text {, }
$$

and Lemma 6.18 now provides a bound for the length of one of the intervals $I_{n}$ or $J_{p}$ :

$$
\text { either } \quad\left|I_{n}\right| \leq 2 c e^{2 a c-n a \beta} \quad \text { or } \quad\left|J_{p}\right| \leq 2 c e^{2 a c-p a \beta}
$$

It follows that

$$
\begin{aligned}
|\mathcal{I}| & \leq \sum_{n \geq n_{0}} 2 c e^{2 a c-n a \beta}+\sum_{p \geq n_{0}} 2 c e^{2 a c-p a \beta} \\
& \leq \frac{4 c e^{2 a c}}{1-e^{-a \beta}} e^{-n_{0} a \beta} \leq n_{0} c
\end{aligned}
$$

This proves (6.15).
Now, let $n, p \geq \ell_{0}:=4 n_{0} c / \alpha$ so that, by (6.13), one has $d\left(y_{0}, y_{n}\right) \geq 2 R$ and $d\left(y_{0}, z_{p}\right) \geq 2 R$. The claim (6.15) tells us that

$$
\text { either } \quad d\left(y_{0}, \bar{y}_{n}\right) \leq R \quad \text { or } \quad d\left(y_{0}, \bar{z}_{p}\right) \leq R .
$$

Hence by Lemma 6.19,

$$
\text { either } \quad \theta_{y_{0}}\left(y_{n}, \gamma_{+}\right) \geq \frac{1}{2} e^{-b R} \quad \text { or } \quad \theta_{y_{0}}\left(z_{p}, \gamma_{+}\right) \geq \frac{1}{2} e^{-b R}
$$

Since this is true for any ray $\gamma_{+}$based at $y_{0}$, one gets $\theta_{y_{0}}\left(y_{n}, z_{p}\right) \geq \frac{1}{2} e^{-b R}$.
Proof of Theorem 6.5. Point (a) follows from Propositions 6.13(d, e); and (b) follows from Propositions 6.15(d,f).
Remark 6.20. It follows from the proof that Theorem 6.5 also holds for any rough Lipschitz map $f: X \rightarrow Y$ between pinched Hadamard manifolds with property $\mathcal{C}$.

## 7. Beyond quasi-isometric maps

The aim of this subsection is the following extension of Theorem 1.1 to all weakly coarse embeddings $f$, and in particular to all coarse embeddings $f$ (see Definitions 6.2 and 6.3).

### 7.1. Weakly coarse embeddings and harmonic maps

Theorem 7.1. Every weakly coarse embedding $f: X \rightarrow Y$ between pinched Hadamard manifolds is within bounded distance of a unique harmonic map $h: X \rightarrow Y$.

Indeed, we will prove a more general proposition using Definition 6.8.
Proposition 7.2. Every rough Lipschitz map $f: X \rightarrow Y$ with property $\mathcal{C}$ between pinched Hadamard manifolds is within bounded distance of a unique harmonic map $h: X \rightarrow Y$.

The main new ingredients in the proof are the construction and properties of a boundary map of $f$. Those new ingredients which do not involve harmonic maps were explained in Section 6. We now explain how to adapt the proof of Theorem 1.1 using these new ingredients.

### 7.2. Rough Lipschitz harmonic maps

We first want to point out that Theorem 7.1 cannot be extended to all rough Lipschitz maps.
Example 7.3. There exists an injective Lipschitz map $f: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ from the hyperbolic plane to itself that extends continuously to the visual boundary as the identity map, and which is not within bounded distance of any harmonic map.
Proof. We will consider a map $f: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ that commutes with a parabolic subgroup of $\operatorname{Isom}\left(\mathbb{H}^{2}\right)$. Let us work in the upper half-plane model. The map $f$ is defined by

$$
f(u, v)=\left(u, v+v^{2}\right), \quad u \in \mathbb{R}, v>0
$$

so that $f \circ s_{t}=s_{t} \circ f$ where $s_{t}(u, v)=(t-u, v)$ for any $t \in \mathbb{R}$. Observe that $f$ extends continuously to the visual compactification of $\mathbb{H}^{2}$ by the identity, and that $f$ is 2-Lipschitz.

Assume by way of contradiction that there exists a harmonic map $h: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ within bounded distance of $f$.
First case: the map $h$ is unique. In this case $h$ also commutes with the isometries $s_{t}$, so that there exists a continuous function $g:[0, \infty] \rightarrow[0, \infty]$ such that

$$
h(u, v)=(u, g(v)), \quad u \in \mathbb{R}, v>0
$$

and $g(0)=0, g(\infty)=\infty$. Saying that $h$ is harmonic is equivalent to requiring that $g$ satisfies the differential equation

$$
g g^{\prime \prime}=\left(g^{\prime}\right)^{2}-1
$$

It follows that the harmonic map $h$ coincides with one of the maps $h_{a}: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ defined by

$$
h_{a}(u, v)=\left(u, \frac{1}{a} \sinh (a v)\right)
$$

for some constant $a \geq 0$. Observe that none of the maps $h_{a}$ is within bounded distance of $f$, hence the contradiction.

Second case: the map $h$ is not unique. Let $h_{0}, h_{1}$ be two distinct harmonic maps within bounded distance of $f$. We want again to find a contradiction. We will use arguments similar to those in Section 5 . Let $x_{0}:=(0,1) \in \mathbb{H}^{2}$. We choose a sequence of points $x_{n}$ in $\mathbb{H}^{2}$ for which

$$
d\left(h_{0}\left(x_{n}\right), h_{1}\left(x_{n}\right)\right) \rightarrow \delta:=\sup _{x \in \mathbb{H}^{2}} d\left(h_{0}(x), h_{1}(x)\right)>0
$$

and we set $y_{n}:=f\left(x_{n}\right)$. Let $\varphi_{n}$ and $\psi_{n}$ be the isometries of $\mathbb{H}^{2}$ fixing $\infty \in \partial \mathbb{H}^{2}$ and such that $\varphi_{n}\left(x_{0}\right)=x_{n}$ and $\psi_{n}\left(x_{0}\right)=y_{n}$. After passing to a subsequence, $\psi_{n}^{-1} \circ f \circ \varphi_{n}$ converges to one of the maps $f_{\beta}: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ with $\beta \in[0, \infty]$ where

$$
\begin{array}{ll}
f_{\beta}:(u, v) \mapsto\left(\frac{u}{1+\beta}, \frac{v+\beta v^{2}}{1+\beta}\right) & \text { when } 0 \leq \beta<\infty, \\
f_{\infty}:(u, v) \mapsto\left(0, v^{2}\right) & \text { when } \beta=\infty .
\end{array}
$$

For $i=0$ and 1 , the sequence of harmonic maps $h_{i, n}:=\psi_{n}^{-1} \circ h_{i} \circ \varphi_{n}$ converges, after extraction, to a harmonic map $h_{i, \infty}: \mathbb{H}^{2} \rightarrow \mathbb{H}^{2}$ within bounded distance of $f_{\beta}$. The subharmonic function $x \mapsto d\left(h_{0, \infty}(x), h_{1, \infty}(x)\right)$ achieves its maximum value at $x=x_{0}$, hence is a constant function equal to $\delta$. Therefore, by Corollary 5.19, the harmonic maps $h_{0, \infty}$ and $h_{1, \infty}$ take their values in the same geodesic $\Gamma$. This forces $\beta=\infty$ and the geodesic $\Gamma$ is the image of $f_{\infty}$. Now we write

$$
f_{\infty}(u, v)=\left(0, e^{2 F_{\infty}(u, v)}\right) \quad \text { and } \quad h_{0, \infty}(u, v)=\left(0, e^{2 H_{0, \infty}(u, v)}\right),
$$

where $F_{\infty}(u, v)=\log v$ and where $H_{0, \infty}$ is a harmonic function.
The function $G_{\infty}:=F_{\infty}-H_{0, \infty}$ is then a bounded function on $\mathbb{H}^{2}$ such that $\Delta G_{\infty}=1$. Such a function $G_{\infty}$ does not exist. Indeed, $G: x \mapsto 2 \log \left(\cosh \left(d\left(x_{0}, x\right) / 2\right)\right)$ also satisfies $\Delta G=1$ and the function $G-G_{\infty}$ would be proper and harmonic, contradicting the maximum principle.

### 7.3. An overview of the proof of Proposition 7.2

Proof of Proposition 7.2. The strategy is the same as for Theorem 1.1:
Step 1: smoothing $f$ out. By Proposition 2.4 there exists a smooth map $\tilde{f}: X \rightarrow Y$ within bounded distance of $\underset{\sim}{f}$ and whose first and second covariant derivatives are bounded on $X$. This function $\widetilde{f}$ is Lipschitz and still has property $\mathcal{C}$. Hence we can assume that $f=\widetilde{f}$.

Step 2: solving a bounded Dirichlet problem. We fix $O \in X$. For any radius $R$ we consider the unique harmonic map $h_{R}: B(O, R) \rightarrow Y$ satisfying the Dirichlet condition $h_{R}=f$ on $S(O, R)$.
Step 3: estimating $d\left(h_{R}, f\right)$. In Subsection 7.4 we will check
Proposition 7.4. There exists a constant $\rho \geq 1$ such that $d\left(h_{R}, f\right) \leq \rho$ for any $R \geq 1$.
Step 4: letting $h_{R} \rightarrow h$. We prove this convergence as in Section 3.3.
The proofs of Steps 1, 2 and 4, as well as the proof of uniqueness, require only minor modifications of the ones for quasi-isometric maps. Thus, the remainder of this paper will be devoted to the proof of Step 3.

### 7.4. Interior estimate for rough Lipschitz

In this subsection we complete the proof of Proposition 7.4 whose structure is exactly the same as the proof of Proposition 3.5. We will just quickly repeat the arguments of Section 4 pointing out the changes in the choice of the numerous constants involved in the proof.
7.4.1. Strategy. Let $X$ and $Y$ be Hadamard manifolds whose curvatures are pinched, $-b^{2} \leq K \leq-a^{2}<0$. Let $k=\operatorname{dim} X$ and $k^{\prime}=\operatorname{dim} Y$. We fix constants $M, N>0$ as in Proposition 4.9. We set $\alpha=a /\left(2 b k^{\prime} N\right)$ so that, with the notation of Propositions 6.13 and 6.15, one has $v_{\alpha}=1 /(2 N)$. We set $v=2 v_{\alpha}=1 / N$.

We start with a $\mathcal{C}^{\infty}$ Lipschitz map $f: X \rightarrow Y$ whose first and second covariant derivatives are bounded. We fix constants $c, C_{1}, C_{2} \geq 1$ such that $f$ has property $\mathcal{C}_{C_{1}, C_{2}}$ as in Definition 6.8 and for all $x$ in $X$,

$$
\begin{equation*}
\|D f(x)\| \leq c, \quad\left\|D^{2} f(x)\right\| \leq b c^{2} \tag{7.1}
\end{equation*}
$$

We let $C_{3}=C_{3, \alpha, \nu} \leq C_{4}=C_{4, \alpha, \nu}$ be as in Proposition 6.13 and 6.15:

$$
C_{3}=\frac{C_{1} C_{2}^{1 / N}}{1-e^{-a /(2 N)}}, \quad C_{4}=\frac{C_{1} C_{2}^{1 / N}}{\left(1-e^{-b k^{\prime} \beta}\right)\left(1-e^{-a /(2 N)}\right)} \quad \text { where } \quad \beta=\frac{\alpha^{2}}{2 \alpha+c}
$$

Choosing $\ell_{0}$ very large. We fix $O$ in $X$. We introduce a fixed integer radius $\ell_{0}$ depending only on $a, b, k, k^{\prime}, c, C_{1}$ and $C_{2}$. The integer $\ell_{0} \geq 1$ is only required to satisfy (7.2)-(7.4):

$$
\begin{align*}
& b \ell_{0}>1,  \tag{7.2}\\
& \ell_{0}>4 n_{0} c / \alpha, \quad \text { where } n_{0} \geq \frac{4 e^{2 a c}}{1-e^{-a \beta}} \text { is chosen with } M C_{4} e^{-a n_{0} \alpha} \leq \frac{\alpha}{8 c},  \tag{7.3}\\
& 16 e^{-a \alpha \ell_{0} / 4}<\theta_{0} \quad \text { where } \theta_{0}:=e^{-2 n_{0} b c} / 2 \tag{7.4}
\end{align*}
$$

Choosing $\rho$ very large. For $R>0$, let $h_{R}: B(O, R) \rightarrow Y$ be the harmonic $\mathcal{C}^{\infty}$ map whose restriction to $\partial B(O, R)$ is $f$. We let $\rho:=\sup _{x \in B(O, R)} d\left(h_{R}(x), f(x)\right)$. If this
supremum $\rho$ is not uniformly bounded, we can fix a radius $R$ such that $\rho$ satisfies the inequalities (4.6)-(4.8), which we rewrite below:

$$
\begin{align*}
& a \rho>8 k b c^{2} \ell_{0},  \tag{7.5}\\
& \frac{2^{7}(a \rho)^{2}}{\sinh (a \rho / 2)}<\theta_{0} .  \tag{7.6}\\
& \rho>4 c \ell_{0} M\left(2^{10} e^{b \ell_{0}} k\right)^{N} . \tag{7.7}
\end{align*}
$$

We denote by $x$ a point of $B(O, R)$ where the supremum is achieved: $d\left(h_{R}(x), f(x)\right)=\rho$. According to the boundary estimate (3.2) one has, using (7.5),

$$
d(x, \partial B(O, R)) \geq \frac{a \rho}{3 k b c^{2}} \geq 2 \ell_{0}
$$

Getting a contradiction. We focus on the restrictions of $f$ and $h_{R}$ to $B\left(x, \ell_{0}\right)$. Set $y:=f(x)$. For $\xi$ on the unit tangent sphere $S_{x}$, we analyze the triangle inequality

$$
\begin{equation*}
\theta_{y}\left(f\left(\xi_{\ell_{0}}\right), h_{R}(x)\right) \leq \theta_{y}\left(f\left(\xi_{\ell_{0}}\right), h_{R}\left(\xi_{\ell_{0}}\right)\right)+\theta_{y}\left(h_{R}\left(\xi_{\ell_{0}}\right), h_{R}(x)\right) \tag{7.8}
\end{equation*}
$$

and prove that on a subset $U_{\ell_{0}} \backslash A_{x, \alpha}\left(n_{0}\right)$ of the sphere, each term on the right-hand side is small (Lemmas 7.9 and 7.10) while the left-hand side is not always that small (Lemma 7.12), giving rise to a contradiction.

Definition 7.5. Let $U_{\ell_{0}}=\left\{\xi \in S_{x} \mid d\left(y, h_{R}\left(\xi_{\ell_{0}}\right)\right) \geq \rho-\ell_{0} \alpha / 2\right\}$.

### 7.4.2. Measure estimate

Lemma 7.6. For $\xi$ in $S_{x}$, one has $d\left(y, h_{R}\left(\xi_{\ell_{0}}\right)\right) \leq \rho+c \ell_{0}$.
Proof. This is Lemma 4.2.
Lemma 7.7. For $\xi$ in $S_{x}$, and $r \leq \ell_{0}$, one has $\left\|D h_{R}\left(\xi_{r}\right)\right\| \leq 2^{8} k b \rho$.
Proof. This is Lemma 4.3. It uses (7.2) and (7.5).
Lemma 7.8. Let $\sigma=\sigma_{x, \ell_{0}}$ be the harmonic measure on the sphere $S_{x} \simeq S\left(x, \ell_{0}\right)$ at the center point $x$. Then $\sigma\left(U_{\ell_{0}}\right) \geq \alpha /(3 c)$.
Proof. Same as that of Lemma 4.4, using Lemma 7.6.

### 7.4.3. Estimating the angles

Lemma 7.9. For $\xi$ in $U_{\ell_{0}} \backslash A_{x, \alpha}\left(n_{0}\right)$, one has $\theta_{y}\left(f\left(\xi_{\ell_{0}}\right), h_{R}\left(\xi_{\ell_{0}}\right)\right) \leq 4 e^{-a \alpha \ell_{0} / 4}<\theta_{0} / 4$.
Proof. Same as that of Lemma 4.5, using (7.4).
Lemma 7.10. For $\xi$ in $S_{x}$, one has

$$
\theta_{y}\left(h_{R}\left(\xi_{\ell_{0}}\right), h_{R}(x)\right) \leq \frac{2^{5}(a \rho)^{2}}{\sinh (a \rho / 2)}<\frac{\theta_{0}}{4}
$$

Proof. Same as that of Lemma 4.6, relying on Lemma 7.11 and using (7.5) and (7.6).

Lemma 7.11. For all $\xi$ in $S_{x}$ and $r \leq \ell_{0}$, one has $d\left(y, h_{R}\left(\xi_{r}\right)\right) \geq \rho / 2$.
Proof. Same as that of Lemma 4.7, using Lemma 7.7 and (7.7).
Lemma 7.12. There exist $\xi$, $\eta$ in $U_{\ell_{0}} \backslash A_{x, \alpha}\left(n_{0}\right)$ with $\theta_{y}\left(f\left(\xi_{\ell_{0}}\right), f\left(\eta_{\ell_{0}}\right)\right) \geq \theta_{0}$.
Proof. Recall that $\sigma:=\sigma_{x, \ell_{0}}$ denotes the harmonic measure at $x$ for $S\left(x, \ell_{0}\right)$. Let $\sigma_{0}:=$ $\alpha /(4 c)$. According to Lemma 7.8, one has

$$
\sigma\left(U_{\ell_{0}}\right)>\sigma_{0}>0
$$

Since the harmonic measure $\sigma$ is $(M, 1 / N)$-Frostman (Proposition 4.9), one may apply (6.8) of Proposition 6.13 to $\sigma$ and get, using (7.3),

$$
\sigma\left(A_{x, \alpha}\left(n_{0}\right)\right) \leq M C_{3} e^{-\frac{a n_{0}}{2 N}} \leq \frac{\alpha}{8 c}=\sigma_{0} / 2 .
$$

Therefore, there exists an element $\xi \in U_{\ell_{0}} \backslash A_{x, \alpha}\left(\ell_{0}\right)$. On may now apply (6.10) to the harmonic measure $\sigma=\sigma_{x, \ell_{0}}$ to get, using (7.3) again,

$$
\sigma\left(B_{x, \alpha}^{\xi}\left(n_{0}\right)\right) \leq M C_{4} e^{-\frac{a n_{0}}{2 N}} \leq \frac{\alpha}{8 c}=\sigma_{0} / 2
$$

Therefore, there exists an element $\eta \in U_{\ell_{0}} \backslash\left(A_{x, \alpha}\left(n_{0}\right) \cup B_{x, \alpha}^{\xi}\left(n_{0}\right)\right)$. It satisfies

$$
\theta_{y}\left(f\left(\xi_{\ell_{0}}\right), f\left(\eta_{\ell_{0}}\right) \geq e^{-2 n_{0} b c} / 2=\theta_{0}\right.
$$

because of (7.3), (7.4) and Proposition 6.15(e).
End of proof of Proposition 7.4. Let $\xi, \eta \in U_{\ell_{0}} \backslash A_{x, \alpha}\left(n_{0}\right)$ be given by Lemma 7.12. Applying Lemmas 7.9 and 7.10 to $\xi$ and $\eta$, one gets

$$
\theta_{y}\left(f\left(\xi_{\ell_{0}}\right), f\left(\eta_{\ell_{0}}\right)\right) \leq \theta_{y}\left(f\left(\xi_{\ell_{0}}\right), h_{R}(x)\right)+\theta_{y}\left(h_{R}(x), f\left(\eta_{\ell_{0}}\right)\right)<\theta_{0}
$$

which contradicts Lemma 7.12.
The first version of this paper containing Sections 1 to 5 was released in February 2017. In this second version, Sections 6 and 7 were added. In between, two related preprints were posted on the arXiv: [30] and [39].

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